Responsibility for fragile patients – those suffering from traumatic losses, neglect, and abuse – demands from the working clinician a reversal of the ordinary culture of self-centeredness in favor of an exhausting life lived for the other. Hence we are in special need of various resources. In addition to drawing on good theory, good facilitation from colleagues, good support from friends and family, and good self-care generally, we benefit from building and using an “internal chorus” of teachers and books to nourish our spirit, to challenge us ethically, and to sustain our values and ideals.

**SPEAKER**

Donna Orange, PhD, PsyD, has distinguished herself as a major thinker and innovator in psychoanalysis and self psychology. She is the author, co-author, or editor of eight books, including *The Suffering Stranger* (Routledge), for which she won the Gradiva Award for best book in psychoanalysis in 2012. Before receiving a PsyD in clinical psychology, she was awarded a PhD in philosophy. She is an Assistant Clinical Professor, New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, and a faculty member, Institute for the Psychoanalytic Study of Subjectivity, New York. Her upcoming book, due to be released this summer, is entitled: *Other-wise: Nourishing the Inner Live of Clinicians and Humanitarians.*