CONTINUING EDUCATION
2015-2016

The Chicago Institute for Psychoanalysis offers continuing education courses and workshops for mental health professionals and those interested in psychoanalytic thought.

Race and Difference: How it Can Shape, Hamper and Accelerate the Therapeutic Process
John Stokes, MSW
THURSDAYS
OCTOBER 1, 8, 15
6 – 7:30 PM
122 S. Michigan Ave.

Stop, Look and Listen: Being a Child Therapist
Lynn Borenstein, MSW
SATURDAYS
OCTOBER 24, NOV 7, 14, 21
456 Central Ave., Northfield

Parenthood and Parenting: Issues in Therapy When Parents are Patients
Evelina Perea-Webber, MSW
THURSDAYS
JANUARY 14, 21, 28,
FEBRUARY 4, 2016
6 – 7:30 PM
122 S. Michigan Ave.

Immigration: Its Impact on Children and Families
Diana Goldman de Zocchi, MA
SATURDAY, SEPTEMBER 26
122 S. Michigan Ave.

Case Consultation for Child and Adolescent Therapists
Ed Kaufman, MSW
THURSDAYS
4:30 – 6:00 PM
MONTHLY – JANUARY – SEPTEMBER
122 S. Michigan Ave.

Personality as a Roadmap to Effective Psychotherapy
Jonathan Shedler, PhD
MONDAY, NOVEMBER 9
7:30 – 9:00 PM
122 S. Michigan Ave.

Black Psychoanalysts Speak – A Film and Panel Discussion
Co-Sponsored with Chicago Center for Psychoanalysis
FRIDAY, NOVEMBER 20
Location TBD

From The Director
Erika Schmidt, M.S.W.

Both a theory and therapy, psychoanalysis has been growing, changing and developing ever since its beginnings with Sigmund Freud around 1895. Neither the practice nor the theory looks like they did then, though its fundamental principle remains: that people are often motivated by unconscious thoughts and feelings and that understanding these thoughts and feelings is the path to change. The contemporary mental health landscape looks very different now. There have been significant shifts in the role and status of psychoanalysis, the delivery of mental health services, and the array of choices for mental health education and clinical services.

Looking to the future while maintaining its core principles and tradition, the Chicago Institute for Psychoanalysis has embarked on a Strategic Planning process to adapt to these shifts. In the midst of these changes, the Institute must also position itself to maintain its excellence and effectiveness in meeting the training and service needs of our community.

Since the fall of 2014, groups of Institute faculty, students, board members, administrators and supporters have been meeting to discuss what the Institute should look like as it moves forward. A set of Strategic Principles have been distilled from these many hours of discussion, planning, review and research.

The Strategic Principles endorse:

A more inclusive, broadly based Institute community that provides a vibrant center for those interested in psychoanalytic thought

Educational programs that train psychoanalysts and psychotherapists and offer opportunities for scholars and others to learn about psychoanalytic thought

Clinics for adults, adolescents and children that further the public service functions of the Institute and that integrate training and education pathways for mental health professionals

Governance and administrative structures that effectively support the educational programs and clinical services of the Institute

These Principles will provide guidelines for designing an implementation plan to translate the Principles into programs and services. This next year will be an active one, as groups work to develop a Strategic Plan from the Strategic Principles and then put this plan into place. During this process, we welcome ideas and feedback from our community, so please share your thoughts with us.

Global Psychoanalytic Training Initiative
The Institute Reaches Across the Globe

Beginning in September 2015, psychotherapists from China will have the opportunity to receive psychoanalytic training in a new program at the Institute. The Global Psychoanalytic Training Initiative, under the direction of Neal Spira, Institute Dean and Leo Weinstein, Associate Dean, is a collaboration with Dr. Elise Snyder, founder of the China-American Psychoanalytic Alliance (CAPA). CAPA offers a web based training program in psychodynamic psychotherapy for students in 18 Chinese cities. When graduates of the CAPA program sought full training as psychoanalysts, Dr. Snyder approached the Chicago Institute and a partnership was born.

This innovative program will be a hybrid, combining the in person classroom experience with video conferencing. Computer monitors in classrooms will allow the overseas students to participate in discussions and consultation with students at the Institute. The program offers a unique opportunity for cross-cultural learning, allowing students to experience the differences and similarities in the psychological development of children and adults in the United States and China. As a central component of psychoanalytic training includes one’s own analysis, this will happen via internet video conferencing, a practice that is becoming more and more common when patients and analysts are unavailable to meet face to face. An extensive interview process is underway with several students to be a part of the Institute’s Psychoanalytic Training Program, formerly known as the Core Program, for the fall.

For more information on the Global Psychoanalytic Training Initiative, contact Leo Weinstein at lweinstein@chicagoanalysis.org.

PSYCHOANALYSIS TODAY
A New Lecture Series

The Chicago Institute for Psychoanalysis presents an innovative series of talks by Institute faculty that address contemporary psychoanalytic thinking and practice. Mental health professionals, scholars and the interested public will gain a deeper appreciation of the relevance of psychoanalysis to contemporary life.

October 14, 2015
Prudence Gourguechon, MD
“The Citizen Psychoanalyst in Today’s Troubled World”

December 2, 2015
Charles Jaffe, MD
“The Unconscious Today”

January 20, 2016
Jonathan Lear, PhD
“Psychoanalysis and Ethical Life”

February 10, 2016
Frank Summers, PhD
“The Subject of Psychoanalysis in an Objectified World”

March 9, 2015
Virginia Barry, MD
“Psychoanalysis and Neuroscience”

See Institute website for more information.
The Institute held its Annual Benefit on May 13 at the Standard Club. It was a wonderful evening that celebrated the work of the Institute and paid tribute to the late Steven LaVoie, a long time board member and Institute supporter. Jody LaVoie accepted the Human Spirit Award on behalf of her husband, and their daughter Sarah shared lessons she learned from her dad, including to “never give up.” Roz Chast, The New Yorker cartoonist and author, gave a humorous presentation, filling the room with laughter. With the help of over 325 people in attendance and the contributions of many others, the Institute raised more than $150,000 to support educational programs, clinical services, and community programs.

SAVE THE DATE
Alumni Association Fall Event
DREAMWORK with Adults and Children

MEET THE AUTHORS:
FRANK SUMMERS, PhD
Author, “To Live A Dream” Annual of Psychoanalysis 38 2015

DENIA BARRETT, MSW
Author, “Dream Weaver/Dream Catcher: The Older Child and Adolescents and Children.” There will be opportunity for questions and discussion.

A Special Thank You to Board Trustees
The Institute is pleased to acknowledge the following individuals for their years of dedication and service as members of our Board of Trustees. We are grateful for their support, guidance and for their years of dedication and service as members of our Board of Trustees. We are grateful for their support, guidance and contributions throughout the years.

George Mann and Jerome Winer, as they transition off of our governing board to become life trustees. Eric Lester and John David Mooney, as they complete their terms as members.

Congratulations Graduates!
Congratulations to our 2015 graduates! The Chicago Institute for Psychoanalysis held its annual graduation on June 19, 2015 at The Cliff Dwellers Club. Both faculty and candidates were recognized for their hard work and dedication. Graduates will use their knowledge and experience of psychoanalysis and psychotherapy to inform their practice with children and adults throughout Chicagoland. We wish them continued success.

Psychoanalytic Education Program:
Laurie A. Kenfield, MD
Neha Patel, PsyD

Child & Adolescent Psychoanalytic Psychotherapy Training Program:
Claudia Liz Benitez, LCSW
Mihaela Bernard, MA, LCPC
Audra L. Bowie, MS, LCPC
Julie A. Levy, LCSW
Charlotte M. Mallon, LCSW
Renée Raap, LCSW

Adult Psychoanalytic Psychotherapy Program:
Patricia L. Ashley, PsyD, MA, MBA
Nicole M. Bailey, LCPC, ATR, CADC
Carol R. Cann, MA, LCPC, CADC
David Ciesla, LCPC
Rebecca Durkin, MD
Linda Michaels, PsyD
Susan Samuel, PsyD
Katherine Williams, MA, MSW, LSW

Available for Purchase

Published by the Chicago Institute for Psychoanalysis.
Inquire in the Institute office.

Support the Institute
Your contributions are essential to continue the Institute’s various educational and clinical service programs. The funds raised from individuals, corporations and foundations strengthen training programs, expand therapeutic services and help establish a stronger voice in the public sphere for the mental health needs within the community.

To make a donation, please contribute online at www.chicagoanalysis.org/content/support-us or by contacting Chris Susman at 312-822-7474.