# THE CHICAGO INSTITUTE FOR PSYCHOANALYSIS

EDUCATION | TREATMENT | SERVICE

**Summer 2014** 

THE CHICAGO INSTITUTE FOR PSYCHOANALYSIS 122 South Michigan Avenue Suite 1300 Chicago, IL 60603 www.chicagoanalysis.org

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# From Erika Sc Summer the Insti

# From The Director Erika Schmidt, M.S.W.

Summer is a transition time at the Institute for Psychoanalysis. In June, family, friends and colleagues joined in to celebrate the graduation of students from our Psychoanalytic Education Program, Adult Psychotherapy Program, and

the Child and Adolescent Psychotherapy Program. We taught, supervised, encouraged and supported these students through the years of their training. During these years, the students worked toward a vision of the kind of mental health professional they wanted to become--a therapist or analyst committed to the best clinical practices and grounded in the principles and values of psychoanalysis. Graduation is the moment when we recognize their transition from student status and welcome them as graduate members of our psychoanalytic community.

During the summer, we are busy preparing for the transition to the next academic year when we will greet a new group of students who begin our education and training programs. In addition to these certificate-granting programs, we are also planning educational opportunities for the wider mental health community through our Fellowship Program for aspiring professionals, continuing education programs and workshops on special topics. We hope that many of you will join us as we look forward to this coming year of programs.

# Annual Benefit



The Chicago Institute for Psychoanalysis held its Annual Benefit on May 7 at the Union League Club of Chicago. Close to 300 faculty, students, alumni and community members gathered to celebrate the work of the Institute and

hear a presentation by psychoanalyst and bestselling author, Stephen Grosz. Together we raised over \$130,000 to support the Institute's educational programs, clinical services, and community programs. Thank you to co-chairs Judy and David Schiffman, the Annual Benefit committee, our event sponsors, and to everyone else who contributed to making the evening a success! Please visit www.chicagoanalysis.org/content/annual-benefit to view the new Institute video debuted at the event and photos from the evening.

## Barr-Harris and Little Company of Mary Hospital Work Together to Help Bereaved Children

In 1996 Barr-Harris Children's Grief Center, located at the Institute for Psychoanalysis, formed a community partnership with Little Company of Mary Hospital (LCMH) in Evergreen Park expanding clinical and supportive resources available to vulnerable children and their families on the southwest side of Chicago.

LCMH generously provides Barr-Harris therapists office space, enabling the Center to offer low to no-cost, individual services for children who have experienced trauma and loss.

In the past eighteen years, Peg Schneider at LCMH and Barr-Harris have worked collaboratively to respond immediately and sensitively to tragedies such as illness, suicide, and community violence - bringing solace, relief and stabilization to those suffering. Barr-Harris also offers follow-up services to these children and their families as they attempt to adapt to their traumatic loss and rebuild their lives.

In 2010 Little Company of Mary was acknowledged for its bereavement services by Mutual of America and received the Community Partnership Award. Barr-Harris was recognized as one of the partners due to this unique relationship.

The success of the Barr-Harris/LCMH partnership has served as a model for Barr-Harris in developing similar affiliations. Today Barr-Harris offers clinical treatment for children who have experienced loss through partnerships in many areas of Metropolitan Chicago and suburbs including Casa Central (Chicago, west side), LaRabida Children's Hospital (Chicago, south side), and Lauri Bauer Center (Deerfield, Evanston). Barr-Harris also offers therapeutic services and consultation in nine public schools.

#### **Annual Benefit 2014 Sponsors**

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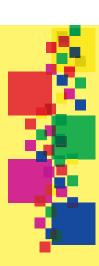
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# **Institute Happenings**

On April 5, the Institute presented a conference, "Using Winnicott," focusing on D. W. Winnicott, one of the psychoanalysts who is most influential today. Terms that are commonplace in the field of psychoanalysis are associated with him, such as "holding," "the transitional object," "the good-enough mother," and "the use of the object." Faculty members James Anderson, Kenneth Newman, and Frank Summers, along with guest speaker Joyce Slochower, explained how we may make use of Winnicott in clinical work and in our understanding of human interaction. The conference was sold out with over 200 attendees filling the auditorium.

# A Special Message for All Alumni

The Institute wants to develop programming specifically for Institute alumni in order to provide professional networking, continuing education and practice development opportunities. Please help us by updating your contact information and filling out a brief survey about your interests. If you are a graduate of the Adult Psychotherapy Program, Child and Adolescent Psychotherapy Training Program, the Fellowship Program or the Psychoanalytic Education Program, please be sure to complete the survey so we can include your input in our planning. The survey can be accessed online at www.chicagoanalysis.org/alumni.

### Staff Development

The Institute is pleased to welcome Carolyn Handler as our new Chief Administrative Officer. Carolyn joined the Institute in June and brings with her over 25 years of experience in non-profit organizations, with a focus on strategic planning, capacity building and fiscal management. Carolyn can be reached at chandler@chicagoanalysis.org. Welcome Carolyn! ■

## **Faculty Developments**

This summer the Institute recognized three esteemed faculty members with the bestowing of a Distinguished Service Award in recognition of their contribution to the Chicago Institute for Psychoanalysis and field of psychoanalytic theory and practice. Congratulations to Arnold Goldberg, Barbara Rocah and Samuel Weiss!

Arnold Goldberg, MD - Former Director and esteemed teacher at the Chicago Institute and internationallyknown psychoanalytic scholar, whose unique work pioneered the development of self-psychology and changed the landscape of psychoanalysis.

Barbara Rocah, MD - Revered teacher and supervisor who taught generations of grateful students and contributed important work on clinical problems, feminism, and the interactions between Freud's life and theories

Samuel Weiss, MD - Prominent child analyst, teacher, and supervisor, whose seminal articles and clinical work helped develop the field of child and adolescent analysis.

# Resources at the library

The Helen McLean Library is a resource for scholars, psychoanalysts, journalists, historians and anyone interested in psychoanalysis and its many applications. The Library has a collection of over 10,000 volumes of psychoanalytic literature and 35 journal subscriptions. It also has a collection of films in the Maxwell Gitelson Library that features films about psychoanalytic subjects, interviews with prominent psychoanalysts and recordings of talks and speeches. The Archives contains a collection of papers and other material related to the history of psychoanalysis in Chicago and nationally, including a special collection of Heinz Kohut papers. The Library is open to the public and welcomes visitors. Appointments can be made by contacting the Institute Librarian at 312-922-7474. ■

## Congratulations Graduates!

The Chicago Institute for Psychoanalysis held its annual graduation on June 20, 2014. Over 150 people joined together at the Standard Club to celebrate the graduates and their commitment and dedication to the field of psychoanalysis. We are so proud of their hard work. Congratulations to the following class of 2014 graduates:

#### **Psychoanalytic Education Program**

Susan Clark, M.D.: Kourosh Dini, M.D.: Dale Godv. Ph.D.: Michael Hoffman, M.D.: Lauren Jacker, M.D.: Norman Kohn, M.D.: Gavin Mullen, Psv.D.

Child & Adolescent Psychoanalytic Psychotherapy Program Harriet McDonald, LCPC

Additionally, six

outstanding stu-

dents were rec-

ognized for their

final papers cov-

ering a range of

topics relating to

psychoanalytic

theory, study and

practice.

#### **Adult Psychotherapy Program**

Cynthia Ashton, LCPC; Ashley Bassett, M.D.; Rene Berlind, M.A.; MaryLu Halperin, M.A.; Rania Johnson, M.D.; Elizabeth Marklein, LCPC



Harold Bendicsen, recipient of the Yellowbrick Emerging Adult Paper Prize with guests.

Congratulations to the following: Mihaela Bernard, George J. Mohr Award; Harold K. Bendicsen, Yellowbrick Award; Lou Agosta, Co-Winner, Littner Distinguished Scholars Award; Elizabeth Rottenberg, Co-Winner, Littner Distinguished Scholars Award; Dale Gody, Co-Winner, Edwin Eisler Award; Noemi Molina, Co-Winner, Edwin Eisler Award.

contributions support the Institute's various educational and clinical service programs. The funds we raise from individuals, corporations and foundations enable us to strengthen all our training programs, expand our therapeutic services and establish a stronger voice in the public sphere for the mental health needs within the community. To make a donation and support the important work of the Chicago Institute, please contribute online at www.chicagoanalysis.org/content/support-us or by contacting Chris Susman at 312-922-7474. ■

#### The Institute's Education and Training Programs

The Institute offers a number of education and training programs for mental health professionals at all levels of career development and that address varied career goals.

#### **Psychoanalytic Education Program**

This program trains mental health professionals as psychoanalysts of adults and children and prepares them for the practice of psychoanalysis. The intensive training includes coursework in the theory and practice of psychoanalysis; a personal psychoanalysis; and supervised clinical analytic experience.

#### **Adult Psychotherapy Training Program**

This program is designed for licensed professionals who want to enhance their clinical skills in psychoanalytic psychotherapy with adults. Two years of coursework and supervised clinical experience lead to a certificate.

#### **Child and Adolescent Psychoanalytic Psychotherapy Training Program**

For clinicians who work as child and adolescent therapists, this four-year certificate-granting program teaches developmental theory, clinical theory related to work with children, adolescents and parents, and surveys of the symptoms and psychological problems of childhood. A one-year Introduction to Psychodynamic Child Psychotherapy is also offered.

#### **Fellowship Program**

This mentorship program is open to advanced trainees and early career professionals in psychiatry, psychology and social work or allied fields who have an interest in psychoanalysis.

#### **Distance Learning**

A virtual classroom case conference conducted by Institute faculty, this program is designed for mental health professionals without access to on-site programs.

Applications for all programs are being accepted for the 2014-15 academic year. For further information and application forms, see the Institute website chicagoanalysis.org or call 312-922-7474.

#### The Institute's Clinical Services

The Institute has several resources that provide psychotherapy and psychoanalysis.

#### **Adult Psychotherapy Clinic**

This clinic provides psychotherapy to adults. Services are available in the loop and in other city and suburban locations. Fees are assessed on a sliding scale based on income.

#### Center for Child and **Adolescent Psychotherapy**

The Center offers high quality mental health services for children, adolescents and parents regardless of a family's financial resources. Consultation, referral and therapy are available in the loop and other locations. The Center also provides school-based services.

#### Barr-Harris Children's Grief Center

A specialty clinic for children who have suffered the loss of a loved one through death, divorce or abandonment, the staff offers evaluations, short or long-term therapy and parent guidance. Offices are in the city and suburban locations. Fees are on a sliding scale based on a family's resources.

#### **Psychoanalytic Clinic**

This clinic evaluates adults for psychoanalysis and makes referrals for psychoanalysis to faculty or trainees. Reduced-fee psychoanalysis is available.

# Support the Institute

Thank you to our annual donors, whose generous