

THE CHICAGO INSTITUTE FOR PSYCHOANALYSIS

EDUCATION | TREATMENT | SERVICE

Summer 2017

From the President: A school in Vienna inspires our clinics in Chicago



Modernism, creativity, the freedom to grow as a “free and self-reliant human being.” With these foundational beliefs, Anna Freud, daughter of Sigmund Freud, and Dorothy Burlingham, daughter of American artist Louis Tiffany, founded the Hietzing School

in Vienna in 1927. To Erik Erikson, who taught there, it was “the best possible school.”

In May I attended an international symposium in London that explored the legacy of this school with scholars from around the world. The school was tiny, so nicknamed the “matchbox” school, with about 20 students from families sympathetic to the newly growing field of psychoanalysis. It ran on pedagogic principles consistent with psychoanalytic ideas by de-emphasizing rote studying and promoting project-based hands-on learning that actively engaged students.

All this took place during the short period of “Red Vienna” when the government supported social welfare. The school closed in 1932 as the Nazi party was on the rise, making it a short but exciting educational experiment. As speaker Inge Pretorius described, Anna Freud’s experience with the Hietzing

School influenced her work with children displaced during World War II.

The conference was a rich mix of memoir, scholarship and legacy. Michael Burlingham, grandson and biographer of Dorothy Burlingham, shared passages from his father’s diary that captured what it was like as a student there. Thomas Aichhorn, grandson of August Aichhorn who pioneered work with delinquents, spoke about Aichhorn’s consulting role at the school and the relationships between the founders and teachers.

For me, attending this symposium helped connect the work of early psychoanalysts who applied their ideals to social concerns with our mission at the Institute today to help insure access to excellent mental health services to children in under-resourced neighborhoods. Our clinics provide reduced-fee therapy. Our “Schools Initiatives” provide services to students in 20 public and charter schools, from the Montessori School of Englewood to Uplift Community High School in Uptown to Skokie School District 65.

I brought back from the symposium a sense of inspiration and continuity with our traditions. This is the spirit we seek to infuse into our education programs and work in communities. None of this work would be possible without the support of our own community in time, treasure and wisdom. Thank you for your support, your hard work and your vision. ■

Barr-Harris Center turns 40, wins national excellence award

Just after we celebrated its 40th anniversary, Barr-Harris Children’s Grief Center received a wonderful birthday present from the Association for Child Psychoanalysis: the Association selected Barr-Harris to receive its annual Award for Excellence.

“This award is given to a center or program exemplifying the highest level of service, training, outreach or research associated with the profession of Child Psychoanalysis and the ACP,” Leon Hoffman, awards committee co-chair, noted in his letter to Judy Schiffman, director of the Barr-Harris Children’s Grief Center. “It is a real pleasure to see how use of

psychoanalytic principles has been the foundation of the excellent educational experience that you provide at Barr-Harris.”

In receiving the honor, the Grief Center joins other eminent agencies across the country. Last year’s honoree, San Francisco-based A Home Within, is the only national organization dedicated solely to meeting the emotional needs of foster youth. Other previous award winners include the Center for Reflective Communities in Los Angeles, West End Day School in New York City, and the Anna Freud National Centre for Children and Families in London. ■

**THE CHICAGO INSTITUTE
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CONTINUING EDUCATION

MARK YOUR CALENDAR:

Continuing Education begins in October with *Psychoanalysis Today: The South Side & A Roadmap for Couple Therapy*

Wendy Selene, the Institute's new Continuing Education director, has planned an exciting series of conversations and education sessions for 2017-18

Psychoanalysis Today: *The South Side*

Wednesday, October 4, 7 to 8:30 p.m.

Symphony Center 8th-Floor Club, 220 S. Michigan Ave.

Natalie Moore | Denia Barrett

The first program in our Psychoanalysis Today series will feature a conversation between **Natalie Moore**, Chicago Public Radio South Side Reporter and author of *The South Side: A Portrait of Chicago and American Segregation*, and **Denia Barrett**, director of the Institute's Center for Child and Adolescent Psychotherapy.

Race has again become a vital topic of discussion in public affairs. Moore's book examines "the ways segregation seeps into our consciousness and realms of our lives: food deserts, black politics, and violence." She writes as a journalist and South-Side native who grew up in the area, drawing on experiences such as integrating a Beverly public school and buying a condo in Bronzeville amid the 2008 housing crisis.

Barrett will facilitate a conversation with Moore, drawing in part on her experience overseeing the Institute's South-Side Schools Initiatives that treated more than 100 children last year through individual and group psychotherapy.

This event will be useful to both clinicians who want to bring a greater understanding to work with a diverse community of patients and to all in our community who want to foster an idea of one Chicago that provides equal opportunity to all its neighborhoods.

A book signing for *The South Side* will follow the conversation.

A Roadmap for Couple Therapy

Saturday, October 14, 1 to 4 p.m.

Chicago Institute for Psychoanalysis

122 South Michigan Avenue, Suite 1300

Arthur Nielsen

Institute faculty member **Arthur Nielsen** will summarize his recent book, *A Roadmap for Couple Therapy: Integrating Systemic, Psychodynamic, and Behavioral Approaches*. Using case histories and videos of sessions, Dr. Nielsen will describe the research-tested interventions used by the three main approaches to couple therapy (systemic, psychodynamic, and behavioral/educational) and show how to sequence and integrate them depending on the problems that couples present. The workshop should be valuable to both beginners and advanced practitioners of couple therapy.

Other upcoming programs include:

The second program in the Psychoanalysis Today series will feature **Jonathan Lear** and **Martha Nussbaum** on *Aging, Mourning and the Meaningful Life* Wednesday, January 17.

Kouros Dini will present on *Workflow and Procrastination*, drawing on Winnicott's theories of play, and several consultation groups will also be formed.

For more information, please contact Wendy at wendyselene@wselene.com or Continuing Education Coordinator Damita Wilson, dwilson@chicagoanalysis.org at (312) 897-1411. ■

New gifts provide generous support for Institute

The Chicago Institute for Psychoanalysis recently received several generous gifts.



Linda Garrity, a graduate of our Psychoanalytic Education Program and a faculty member, died this past April. But she ensured a lasting legacy through her life's work as a psychoanalyst and several generous gifts to the Institute, including a bequest that will provide support over the next ten years.

Linda Garrity spent most of her career in Wisconsin where she first directed a program for parents of newborns that taught them about the importance of early bonding. She later began a private practice, which continued until she retired in 2015. She completed psychoanalytic training here in 2000. She was on the faculties of both the Chicago Institute and the Wisconsin Psychoanalytic Institute. She also served as an Adjunct Associate Professor in

the Department of Psychiatry at the University of Wisconsin.

Another recent generous gift was made by **Dentons US LLP**, arranged by Senior Partner and Institute Board of Trustees member, **Harold Hirshman**. This gift resulted from a settlement of a pro bono case that Hirshman worked on that mandates adequate mental health services for prisoners. It will be used for education about treatment of prisoners and to promote more humane care to the incarcerated population.

The Institute was also the recipient of substantial support from **ArrowStream**, a company founded by **Jody LaVoie** and her late husband, **Steve**. Steve was a former Institute Board of Trustees member and the 2015 recipient of our Human Spirit Award.

Thank you to all of our generous donors. If you would like to explore opportunities for contributing a gift to the Institute, please contact Carolyn Handler at chandler@chicagoanalysis.org or 312-897-1422. ■

Fundamentals program helps student build clinical psychology career

Fundamentals of Psychoanalytic Thought is the newest educational initiative at the Institute. With a core of 6 courses, students learn the essentials of psychoanalytic ideas and clinical practice over one academic year. Geared to the needs of mental health professionals as well as others with an academic or interdisciplinary interest in psychoanalysis, this program provides a foundation that can be used in many pursuits. Students might continue training in one of the clinical programs offered at the Institute. Others may apply the learning from Fundamentals to their work in other fields in academia or other professions.

Most of the students in the program are mental health professionals, some early in their careers and others with more extensive experience who want further immersion in psychoanalytic thought. Some students are considering changing careers and some are academics who can apply psychoanalytic thought to their scholarly work. Anyone who wants to know the fundamentals of psychoanalytic thought are welcome in the program. Here is a profile of one of our students.

Hannah Weiss, 26, felt captivated by psychology as early as high school. But she might not now be working full-time in a private practice if she had not found her way to the Chicago Institute for Psychoanalysis as a student in the Fundamentals program.



Growing up in the Chicago suburbs, Weiss loved psychology and led her high school's psychology quiz bowl team to a state victory. Weiss studied the psychology of advertising in college, but soon found the field

of advertising was not for her. She then attended Roosevelt University to obtain an M.A. in clinical psychology.

Midway through the graduate program, Weiss took a course on psychoanalytic psychotherapy. With an exciting introduction to the theory, Weiss chose to begin her own analysis with a psychoanalyst on faculty at the Chicago Institute.

Finding her own experience within analysis to be enriching and evocative, Weiss decided to enroll in the Fundamentals Program to pursue training in psychoanalytic psychotherapy. She felt welcomed by an enthusiastic and supportive faculty, and found the program both more affordable and better-suited to a working schedule than a Psy.D. or Ph.D. program.

Fundamentals has been a perfect fit, she says. Now Weiss plans to continue her studies in the Institute's Adult Psychoanalytic Psychotherapy program next year.

"There's plenty to integrate and synthesize, particularly in my practice with patients," Weiss says. "It's a bit tantalizing, really. Fundamentals has been a sampling across the field of psychoanalysis, with courses on both theory and clinical approach. The program definitely whetted my appetite for more." ■

Faculty Honors



Photo by Erielle Bakum, courtesy UChicago.

Jonathan Lear has been doubly honored recently. His book *Freud*, now in its second edition, was number 1 on the *Guardian's* list of the 10 best books about psychoanalysis. Number 2 was Shakespeare's *Hamlet*. Professor Lear, who serves as the John U. Nef Distinguished Service Professor in the Committee on Social Thought and Department of Philosophy at the University of Chicago, was also recently elected a Fellow of the American Academy of Arts and Sciences. He will be teaching the course on Freud in our Psychoanalytic Education Program this fall.



Brenda Solomon presented a view of ethics in psychoanalysis in her lecture for Psychoanalysis Today. Using the vantage point of her experiences, which began because a colleague "needed a woman" on a panel in the 1980s to speaking out publicly on sexual transgressions, she has worked on ethical dilemmas throughout her career. This paper has been submitted for publication to *Clio's Psyche*.

A second paper by Institute faculty reporting on research on psychoanalytic training will be published in the *International Journal of Psycho-Analysis*. Co-authored by **Jorge Schneider**, **Douglas Wilkerson**, **Brenda Solomon**, **Caryle Perlman**, **Denise Duval**, **Dennis Shelby** and **Molly Witten**, this work will also be presented in the 2017 meeting of the International Psychoanalytical Association in Buenos Aires.

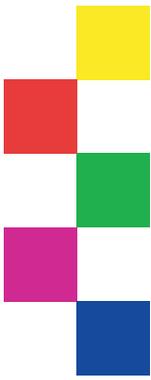


David Terman, faculty member and former Institute Director, will present a series of three lectures on Self Psychology in Australia, titled "The Negative Selfobject," "Dichotomies and Splits in Self Psychology: Towards their Resolution," and "The Paranoid Gestalt in Human Affairs." These presentations mark his scholarly contributions to Self Psychology.



Arthur Nielsen delivered the keynote speech, "A Roadmap for Couple Therapy: My Personal Journey to a More Effective Model," to the annual Colloquium for Supervisors in the Northwestern University Counseling Psychology Program this past May.

Additional news about faculty and other developments is online at chicagoanalysis.org/blog. Please send faculty news to gmayer@chicagoanalysis.org. ■



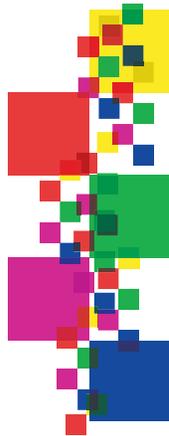
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Annual Benefit 2017 exceeds expectations

Supporters of the Chicago Institute of Psychoanalysis turned out more than 300 strong and raised more than \$200,000 at the Annual Benefit on May 10. The Human Spirit Award was presented in honor of the late **Arthur Sussman**, former Chair of the Board of Trustees.

The evening featured an exhibit of Art Sussman's photography, a jazz trio with faculty member **Charles Jaffe** playing drums, a video tribute to Art created by Kartemquin Films, a speech by **Michael Roth**, president of Wesleyan University, on "The Psychoanalytic Question," and cocktails and dinner with the friendly company of Institute supporters.

Rita Sussman, with her children **Eric** and **Johanna**, accepted the Human Spirit Award on behalf of her late husband. In a speech studded with humor and bittersweet memories, she described how Art joined the Board initially to support her work as a

psychologist and practicing analyst with a long affiliation at the Institute. Viewing the video tribute from Kartemquin films, the audience also heard from leaders of the many Chicago institutions Art had helped lead, from the University of Chicago to the John D. and Catherine T. MacArthur Foundation to the Illinois Humanities Council and more.

We are deeply grateful to all who contributed to the success of this event. Additional images from the event can be seen online at chicagoanalysis.org. ■

