



CHICAGO
PSYCHOANALYTIC
INSTITUTE

HUMAN. BEING.

Introducing the Chicago Psychoanalytic Institute

HUMAN. BEING.

Human beings and being human are at the core of the Chicago Psychoanalytic Institute's mission. The Institute is dedicated to advancing knowledge of human beings—their feelings, thoughts and behavior—and to improving people's lives.

Since 1932, the Institute has contributed to the expansion of the field of psychoanalysis through education and scholarship. Today, the Institute offers a contemporary model of psychoanalytic thought relevant to individual and community life.

The Institute's education programs for mental health professionals provide advanced training in the theory and practice of psychoanalysis and psychotherapy. The Institute's Treatment Center provides psychoanalytically informed services for children, adolescents and adults. Its community engagement programs bring psychoanalytic ideas to public discussions of cultural and social issues.



What is psychoanalysis?

HUMAN. UNDERSTANDING.

Psychoanalysis is both a theory of the mind and a method of therapy.

As a theory of the mind, psychoanalysis provides a comprehensive, in-depth explanation of human beings—why they do what they do, why they want what they desire, how they become who they are. Psychoanalytic ideas and practice address what matters most to people, their families, social relationships, school or work life and community involvement. From everyday interactions to academic scholarship to current events, many psychoanalytic ideas are now familiar to all.

As a method of therapy, psychoanalysis is exploratory and individualized. It foregrounds each person's narrative, seeking understanding of the emotions and patterns of behavior that can interfere with the achievement of relationships, rewarding work and human connection.

Psychoanalysts and psychoanalytic therapists serve as collaborative guides for those seeking their help. They understand symptoms not as the main problem but as a communication and a request for help. Focusing on meaning, they help connect clients' current emotions and behavior to deeper, unconscious levels of the mind. Through this process, people navigate critical decisions and achieve change.



Why does psychoanalysis matter?

For Students

HUMAN. LEARNING.

All students at the Chicago Psychoanalytic Institute discover a learning experience that provides a foundational understanding of psychoanalytic thought that can be applied to clinical practice scholarship, and social issues.

For clinicians, a psychoanalytic education teaches theory and therapeutic skills that promote deep psychological change.

For scholars, the Institute teaches psychoanalytic principles that illuminate many fields of study.

The Institute provides a learning community that seeks to make the world a better place through scholarship as well as engaged practice.

For People Seeking Therapy

HUMAN. GROWING.

Psychoanalytic treatment is transformative. When current crises, traumatic experiences or past problems cause clients emotional suffering, psychoanalysis or psychoanalytically-informed psychotherapy provides assistance that sustains improvement and change in their lives.

This form of therapy helps people understand the psychological forces that motivate them and those that hold them back. It sets growth and development in motion. As people feel better, they become more engaged and effective within their families, schools, work places and communities.

For the Community

HUMAN. THRIVING.

Core to the Institute's mission is providing psychoanalysis and therapeutic services to all who can benefit from them. The Institute's Treatment Center makes these services available on a sliding-scale basis.

The Institute's school-based projects in under-resourced Chicago neighborhoods provide individual and group therapy, helping them overcome traumatic experiences so they can learn and grow.

Psychoanalytic therapy transforms lives in ways different from other forms of therapy—deeply, focused on subjective experience, with stable, lasting change. Psychoanalytic education trains clinicians to provide this kind of transformation. Psychoanalytic scholarship preserves and enriches the intellectual traditions that underlie this work.



Discovering the Chicago Psychoanalytic Institute

HUMAN. BEING.

Today's psychoanalytic practitioners and scholars are teaching, learning, researching and advancing the theories, ideas and practice models that are used across the field of psychoanalysis. They continue a long Chicago legacy of leadership, excellence and innovation in psychoanalysis.

Through its education programs, the Institute provides flexible, intellectually stimulating and clinically relevant programs for students. Its Treatment Center provides access to psychoanalytic change for all who want to benefit from therapeutic services.

The Institute's public education programs share a unique perspective on arts, culture, and social issues. The Chicago Psychoanalytic Institute is committed to community engagement and the promotion of active citizenship.

*Education &
Certificate
Programs*

*Continuing
Education &
Community
Engagement*

*Treatment Centers
for Children,
Adolescents
& Adults*





Human. *Seeking.*

Human. *Asking.*

Human. *Understanding.*

Human. *Learning.*

Human. *Growing.*

Human. *Thriving.*

HUMAN. BEING.



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