



CHICAGO PSYCHOANALYTIC INSTITUTE

FALL 2019

CHICAGO PSYCHOANALYTIC INSTITUTE

122 South Michigan Avenue
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www.chicagoanalysis.org

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FROM THE PRESIDENT: Traveling Psychoanalytic Scholar



Erika Schmidt

Twenty years ago the face of psychoanalysis was predominantly white, male, and medical. To redress this, the American Psychoanalytic Association established the Helen Meyers Traveling Psychoanalytic Scholar to promote dialogue and shared learning among women in the field about women's

issues. Each year a distinguished woman psychoanalyst was chosen to visit two Institutes, with all expenses paid, to present their clinical work and scholarship and to be a role model by example to women in analytic training, encouraging them to aspire to contribute to the field. This year, The Chicago Psychoanalytic Institute was fortunate to be selected as a site for this award.

The 2019 Traveling Psychoanalytic Scholar is Susan Vaughan, MD, Director of the Columbia Center for Psychoanalytic Training and Research and an accomplished author, psychoanalytic educator and contributor to the field. Dr. Vaughan visited the Institute for 3 days in November. During this time, she discussed a case presentation by faculty member Dale Gody, attended a class with candidates, had a wide-ranging conversation with faculty about her experiences at Columbia and about the future of psychoanalysis, and consulted with Institute President and Dean about psychoanalytic education in the contemporary landscape.

The highlight of her visit was *Treating Trans Patients:*



Susan Vaughan, Erika Schmidt, Wendy Selene

Containing Complexity and Embracing Embodiment, a workshop that drew a large community audience. Dr. Vaughan wove together the history of

psychoanalytic views on gender, voices of trans people about their experiences, the breaking down of gender binaries thereby opening up a rich, nuanced view of identity, and some implications for clinical practice. Theo Pintzuk, an Institute candidate, presented some clinical work that conveyed how these issues emerge in the course of therapy.

Today the face of psychoanalysis is far more varied than it was when the Traveling Psychoanalytic Scholar award began in 1999. Women are now major contributors to the field, so it is no longer imperative to import role models. Dr. Vaughan is the final Traveling Psychoanalytic Scholar since the original mission is now met. So, how fitting that in her activities at the Institute, the question of "women's issues" was broadened to "gender issues" that reflect the changing awareness of the meaning of gender in the context of personality. ■

ANNUAL FUND

Annual Fund solicitation letters have arrived in your mailbox. Please give generously to the Institute. Every gift, no matter the amount, helps us transform the lives of individuals, their families, their workplaces and communities.

Because of your Annual Fund support, we can do the following:

- Distance learning programs
- Conferences addressing societal issues
- Continuing education programs and workshops
- Sliding scale clinical services at our Treatment Center
- Specialized therapeutic school programs in underserved communities
- Children's grief services
- Student scholarships

Mail your check to the Institute, or call 312-944-7474 to make a credit card donation. For instructions on how to make a gift of securities, visit to our secure website: www.chicagoanalysis.com/donate. ■



ESTATE PLANNING: FRANZ ALEXANDER LEGACY SOCIETY

The Institute is grateful for legacy gifts, which further Franz Alexander’s vision for a premier training institution, and bringing psychoanalytically informed treatment to human beings through clinical services. The Society honors those who have included the Institute in their will, trust or other planned gift. If you wish to include the Institute in your estate plans, please contact Mary Mucci in the Development Office at 312-897-1424. Sharing your plans with us allows us to express our gratitude to you during your lifetime and ensures that your wishes will be met. Legacy society members envision the future and are determined to keep Franz Alexander’s mission, to better understand human beings and help them live fuller lives. ■

NEW FACES:

New faculty & board members



FACULTY MEMBERS:
Linda Emanuel
Gail Richman



BOARD MEMBERS:
Flora Lazar,
Yossi Vinograd

The Institute welcomes new faculty members, Linda Emanuel and Gail Richman. **Linda Emanuel, MD, PhD** is the Director of the Buehler Center on Aging, Health and Society at Northwestern University where she focuses on palliative and end-of-life care research, geriatrics and aging research, patient safety, family caregiver education and economic resilience for caregivers. She is a Harvard graduate and former faculty member there. **Gail Richman, MA, LCPC** joins us as a 2019 graduate of the Institute’s PEP program and previously completed our Fellowship and APP programs. Richman is a Northwestern alumna. Her practice is in the Loop.

Flora Lazar and Yossi Vinograd are the newest members of the Institute’s Board of Trustees. **Flora Lazar, PhD, LSW** works at Formative Psychological Services, where she treats adolescents and adults. She is a graduate of the University of Chicago’s SSA program and has served as director of public affairs at Chapin Hall/University of Chicago. She co-launched Operation Respect, an anti-bullying campaign, is an historian, chocolatier and film producer. **Yossi Vinograd** has served as president for a number of successful businesses, world-wide. In 2017 he retired as president, co-founder and co-owner of CPI Daylighting, an engineering and manufacturing company. He is a graduate of Ben Gurion University, Israel. ■

PROGRAMMING:

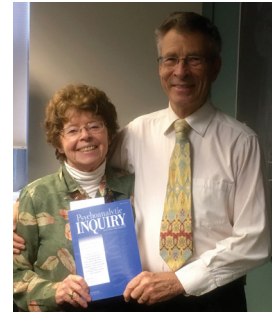
Theory and Practice

Husband-and-wife duo and Institute partners **Marcia Dobson** and **John Riker** teach at Colorado College, where they established a minor in psychoanalysis in 2002. Dobson and Riker, along with their students, have made an annual pilgrimage to the Institute since 2007, taking up a 3-week residency at the Institute.

While visiting, undergraduates learn basic principles of psychoanalysis in a course called “Contemporary Psychoanalysis: Theory and Practice,” designed by Dobson and Riker. The course was created to offer students a line of sight into psychoanalytic practice through guest lectures from Institute faculty members.

In a recent issue of the journal *Psychoanalytic Inquiry*, Dobson and Riker chronicle their experiences developing and teaching courses. They also discuss their goals for bringing additional programming to undergraduate and educational institutions across the country, while some of their current and former students recount their experiences learning about psychoanalysis.

The work that appears in *Psychoanalytic Inquiry* was five years in the making. Dobson and Riker wrote approximately half the articles in that issue, while their students wrote the rest. Some of their students are on a path to become psychoanalysts, while others plan to go into therapeutic and clinical work. In a survey offered following Riker and Dobson’s most recent course, nearly all respondents said it was “the best experience they had in college.” ■



Mental Health in Prisons

The Institute, in partnership with Denton’s law firm, presented a symposium *Mental Health in Prisons: Psychoanalytic Perspectives*. Featured speakers were the two winners of the Institute’s Seidenberg Prize awarded for the best papers applying psychoanalytic principles to work in prisons. **Stephanie Gangemi, LCSW** described how she trained prison guards to interact more effectively with prisoners using object relations theory in her paper “Mental Health or Behavioral.” **Beth Kita, PhD** spoke about how the socially sanctioned dehumanization of prisoners mandates them to function as repositories for the unbearable aspects of our otherwise shared humanity from her paper “They Hate Me Know, But Where Was Everybody When I Needed Them?” **Anne Dailey, JD** responded to these papers from a legal perspective.

Harold Hirshman, Institute Board Member and one of the pro bono attorneys who helped win a settlement in Illinois to provide adequate mental health treatment for prisoners, moderated a panel including **Amanda Anholt, JD**, **Fred Cohen, JD** and **Pablo Stewart, MD**. Given that prisons are some of the country’s largest mental health facilities, they discussed the status of mental health care in prisons and described the challenges of using legal means to achieve meaningful care.

Catherine Larry, MD, an attendee, directs the Elgin Mental Health Center shared her efforts to create a model prison environment with access to needed mental health services, offering a sense of possibility for responding to the needs of very vulnerable citizens within the prison system. ■



Harold Hirshman, Beth Kita and Stephanie Gangemi

HUMAN. BEING.

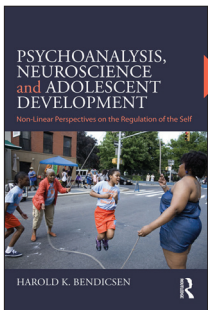
PUBLICATIONS:

Kudos to our Authors

PUBLICATIONS OF INSTITUTE FACULTY, BOARD MEMBERS, STUDENTS AND RECENT ALUMNI FROM NOVEMBER 1, 2018 TO OCTOBER 31, 2019

Clio's Psyche published two of **Jim Anderson's** works, "My Journey as a Psychobiographer" and "A Dialogue on the Psychology of Lincoln." Anderson also had an article, "Executing Psychobiography" in *New Trends in Psychobiography*.

The article "Theory of Mind Development in Children with Visual Impairment: The Contribution of the Adapted Comprehensive Test ToM Storybooks" penned by **Gloriana Bartoli** was published by the

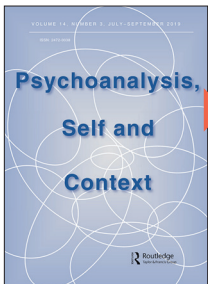


Journal of Autism and Developmental Disorders.

Harold Bendiczen's book, *Psychoanalysis, Neuroscience, Adolescent Development: Non-Linear Perspectives on the Regulation of the Self* explores how psychoanalysis can combine its theoretical perspectives with neurological and non-linear developmental processes that unfold during the period of puberty to young adulthood.

Lynn Borenstein penned the article, "When More 'We' Becomes More 'Me': Transitional Objects and Forward Movement in Child Psychotherapy," which can be found in the *Journal of Infant, Child and Adolescent Psychotherapy*.

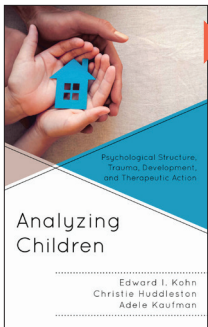
"Fractal Boundaries, a Subjective Approach" is an article by **Bob Galatzer-Levy**, published in *Fractal Epistemology for a Scientific Psychology: Bridging the Personal with the Transpersonal*. Also published by Galatzer-Levy is the article "The Medicalization of



Psychiatry" which can be found in the online magazine, *Damage.com*.

Psychoanalysis, Self and Context published **William Gieseke's** response to Judith Rustin and Heather Ferguson's "Extending the Empathic Grasp in the Treatment of Anorexia Nervosa: Adding a Neuroscience Perspective."

"Thomas Lincoln's 'Goodness of Fit' with His Son" is an article by **Paul Holinger**, published in *Clio's Psyche*.

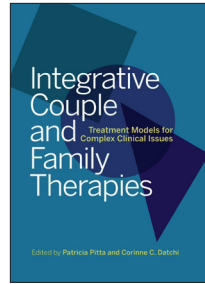


Adele Kaufman co-authored the book, *Analyzing Children: Psychological Structure, Trauma, Development and Therapeutic Action*. Principal author Edward Kohn discusses Kaufman's work with a young girl, which is detailed throughout the book.

Flora Lazar authored "Learning from Brisbane: The Politics of Identity and the Promise of Empathy" published by *Psychoanalysis, Self and Context*. Lazar also wrote "Propaganda,

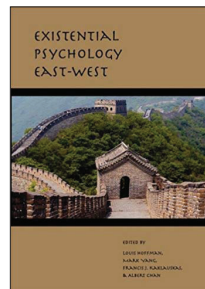
Prostitution, and Penal Code Reform: How Psychoanalysis Lost Its Public Voice", published by *The American Psychoanalyst*.

Karen Martin's article, "Once Begun is Half Done," appears in the journal *Psychoanalysis, Self and Context*.

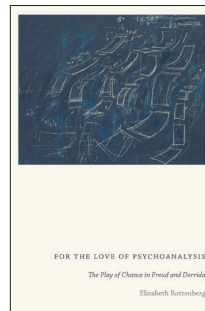


Art Nielsen, authored the following two articles: "Couples in the Digital Age: An Integrative Systemic-Psychodynamic-Behavioral Model of Couple Therapy" which can be found in *Integrative Couple and Family Therapies: Treatment Models for Complex Clinical Issues* as well as "Projective Identification in Couples" which appears in the *Journal of the American Psychoanalytic Association*.

Zhengjia Ren wrote several publications this year including "Increased Functional Segregation of Brain Network Associated with Symptomatology and Sustained Attention in Chronic Post-Traumatic Stress Disorder" in the *Journal of Affective Disorders*, "Altered Amygdala Subregion-Related Circuits in Treatment-Naïve Post-Traumatic Stress Disorder Comorbid with Major Depressive Disorder" in *European Neuropsychopharmacology*, "Traditionality, Spirituality and Somatoform Dissociation Symptoms in Chinese Buddhists" in the *Journal of Religion and Health*, "The Effects of Self-Construal



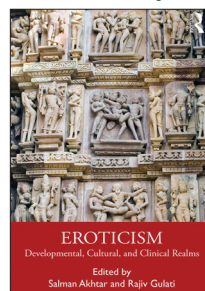
and the Living Environment on Internalized Homophobia Among Chinese Gay Men" in the *Journal of Men's Health*, "The Influence of Environmental Pressure on Internet Use Disorder in Adolescents: The Potential Mediating Role of Cognitive Function" in *Addictive Behaviors*. He also penned Chapter 12 of *Existential Psychology East-West*, titled "On the Sichuan Earthquake."



For the Love of Psychoanalysis: The Play of Chance in Freud and Derrida is a book by **Elizabeth Rottenberg** about what exceeds or resists calculation—in life and in death and highlights the coupling of Freud and Derrida ("Freuderrida").

"Who Suffered More? Rivalry for the Right to be Loved," an article by faculty member **Peter Shabad** appears in *Psychoanalytic Dialogues*.

In *Psychoanalytic Inquiry*, Volume 37, **Renee Siegel's** story, "Where Did I Come From? The Impact of ART on Families and Psychotherapists" is published



"Swipe, Woof, Flirt and the Erotics of the Hand-held Device" is a chapter written by **Dennis Shelby** in the book *Eroticism: Developmental, Cultural, and Clinical Realms*.

Brenda Solomon's "Conundrums and Complexities: Treating the Dying Analyst" is published in *Psychoanalysis, Self and Context*.

Frank Summers recently published his article "Skin in the Game" in *Psychoanalytic Perspectives*. The paper addresses the issue of touch in psychoanalysis.

Molly Witten authored chapter 12: "Assessment of Sensory Processing: The Interplay of Sensation, Affect and Relationship" in the *Oxford Handbook of Infant, Toddler and Preschool Mental Health Assessment*. ■



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UPDATES AND SAVE THE DATES

CONSULTATION GROUPS:

Psychodynamic Psychotherapy with Adults: Deepening the Treatment

Nine Fridays | 3 to 4:15 p.m.
Beginning January 10
Judith Newman, LCSW
CE Credits: 11.25 | Fee \$280

Work With Children, Adolescents and Families

Nine Wednesdays | Noon to 1:15 p.m.
Beginning January 8
Ann Kaplan, PhD
CE Credits 11.25 | Fee \$280

CONFERENCE:

Gender 2020: Psychoanalysis Adjusts its Vision

Friday, March 6 | 7 to 8:30 p.m.
at the Chicago Psychoanalytic Institute
Saturday, March 7 | 9 a.m. to 5 p.m. at UIC
John Marshall Law School, 300 S. State St.
Jack Drescher, MD & Melanie Suchet, PhD
CE Credits: 1.5 | Fee \$40 (Friday only)
CE Credits: 7.0 | Fee \$175 (Saturday only)
CE Credits: 8.5 | Fee \$190 (both days)

WORKSHOP:

The Collaboration in Child Therapy: Therapists, Child and Parent

Friday, February 28 | 6 to 8 p.m.
Melissa Litwin, MS, LCSW, Renee Raap, LCSW, Ruth Richman, LCSW, Celeste Soden, LCSW
CE Credits: 2.0 | Fee: \$60
(includes light dinner)

SAVE THE DATE FOR AN EDUCATION OPEN HOUSE

Wednesday, February 5 from 5:30-7:00 p.m. the Institute will host an Education Open House for anyone considering applying to our Education Programs. Located at the Institute, 122 S. Michigan Ave. or via Zoom for those outside Chicago, directors, faculty and current students of our various programs will be available to engage in conversation. Light refreshments will be served. Watch the website for additional details. ■

RENT AT THE INSTITUE

Join more than 35 private practice therapists as well as faculty and students on the 13th and 14th floors of the Institute, 122 S. Michigan Ave., in the historic People's Gas building across from the Art Institute of Chicago. To learn more about our offices, amenities and the professional community we offer renters, contact Chief Administrative Officer, Carolyn Handler chandler@chicagoanalysis.org 312-897-1422. ■

