



CHICAGO PSYCHOANALYTIC INSTITUTE

SPRING 2020

CHICAGO PSYCHOANALYTIC INSTITUTE

122 South Michigan Avenue
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www.chicagoanalysis.org

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FROM THE PRESIDENT: Gender 2020 Conference



Erika Schmidt

A century ago Freud declared, "Anatomy is destiny." Since then, conceptions of gender have undergone a profound transformation, now a fluid concept rather than determined. The psychoanalytic psychology of gender is being reworked to incorporate the way

each person expresses and experiences gender as an important aspect of personal and social identity.

In March, our conference **Gender 2020: Psychoanalysis Adjusts Its Vision** brought together national experts, **Jack Drescher, MD** and **Melanie Suchet, PhD**, together with Chicago area clinicians, **Robert Galatzer-Levy, MD**, **Theo Pintzuk, LCSW** and **Jane Reid, PhD, MSW** from the Institute and **Kelly Ducheny, PsyD** and **Sara Hays, LCSW, CADC** from Howard Brown Health Center to explore our contemporary knowledge of gender and the implications for psychotherapists. Along with an audience of more than 100 mental health professionals, we reexamined gender from the perspective of 2020. The topics covered ranged from language terminology that recognizes fluidity, rethinking the process of development if gender is not destiny but constructed, the impact of gender shaming and violence on both personal identity and social mores, and enhanced gender sensibility in the clinical situation.

The increased visibility of gender non-binary and transgender people is a welcome human rights movement. It also presents a challenge to our traditional psychoanalytic ideas about gender. This year, the Institute addressed this challenge with our 2019-2020 Continuing Education



Gender 2020: Psychoanalysis Adjusts its Vision, Day-2



Theo Pintzuk, Melanie Suchet, Robert Galatzer-Levy

Programming. In November, Susan Vaughan, MD headlined our *Treating Trans Patients: Containing Complexity and Embracing Embodiment* workshop which was highlighted in the last newsletter. This April, our planned workshop *The Disrupted Binary: What Do Children and Parents Have to*

Say About It? was cancelled because of COVID-19.

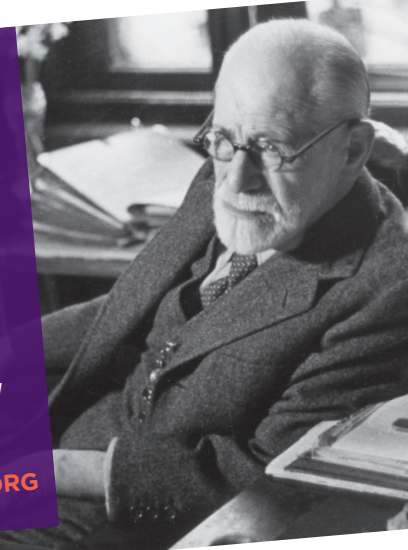
It is clear that, like conceptions of gender, psychoanalysis continues to evolve. We are currently planning our 2020-21 continuing education programming. I look forward to seeing you at our upcoming events. ■

ANNUAL BENEFIT

THE MAY 6 BENEFIT
HAS BEEN CANCELLED,
BUT WE STILL NEED
YOUR SUPPORT.

PLEASE VISIT OUR
WEBSITE TO SEE HOW
YOU CAN HELP!

CHICAGOANALYSIS.ORG



NEW FACES:

New faculty & board members

NOVEMBER 1, 2019 THROUGH
JANUARY 31, 2020



L to R: Leo Weinstein, Carla Leone, Karen Bloomberg

Leo Weinstein MD has been elected by the Institute faculty as one of 7 faculty representatives on the Board of Trustees. He is in private practice of psychiatry and psychoanalysis and is an Assistant Clinical Professor of Psychiatry and Behavioral Sciences at Northwestern's Feinberg School of Medicine. Well-respected as a teacher, he also serves on numerous faculty committees. Formerly, Leo served as the Institute's Associate Dean, Director of Clinical Services and a previous Board trustee. A graduate of Yale, University of Illinois Medical School and the Institute's Psychoanalytic Education Program, he has received numerous hospital appointments and awards.

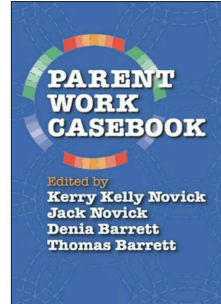
Carla Leone and **Karen Bloomberg** join our faculty as Adjunct members. **Carla Leone PhD** is Director of the Psychoanalytic Couple Therapy certificate program to be launched this fall in partnership with the Institute for Clinical Social Work. She is on the faculty of ICSW, Secretary of the International Association of Psychoanalytic Self Psychology, and co-founder of the IAPSP Couples Therapy interest group. Carla is Director of North Suburban Family Psychologists private practice group, an author of numerous articles and a frequent presenter on couples and self psychology. She is working on a book tentatively titled *Rebuilding Connections, Repairing Ruptures: A Self Psychological Couple Therapy Casebook*. She is a graduate of Loyola University Chicago. **Karen Bloomberg PhD**, Dean of Students at the Institute for Clinical Social Work, is one of the three teaching faculty in the Psychoanalytic Couple Therapy certificate program to be launched this fall by the Institute in partnership with ICSW. She maintains a private practice of psychotherapy with adults, adolescents, children and couples. Karen also volunteers with several community organizations, including "A Home Within," a project which offers pro bono therapy to children in foster care. She is a graduate of the University of Wisconsin and the University of Chicago and is a Board Certified Diplomate in Clinical Social Work.

Special thanks to **Kate Schechter** for her serving her 1-year term as Faculty Senate Member. **Laurie Kenfield** will succeed her. ■

PUBLICATIONS:

Kudos to our Authors

PUBLICATIONS OF INSTITUTE FACULTY FROM
NOVEMBER 1, 2019 THROUGH JANUARY 31, 2020



Tom Barrett and **Denia Barrett** are co-editors, along with Jack Novick and Kerry Kelly Novick, of *Parent Work Casebook*.

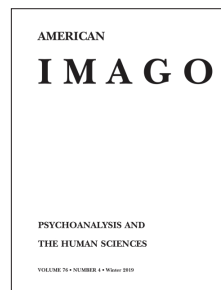
Denia Barrett and Jill Miller were named as Co-Editors-in-Chief of *The Psychoanalytic Study of the Child* beginning with Volume 76.

Paul Holinger, Neal Spira, Denia Barrett and **Thomas Barrett** published "Psychoanalysis and Public Health: Potential for Integration?" which can be found online in *The International Journal of Applied Psychoanalytic Studies*.

"Therapeutic Holding" by **Linda Emanuel**, Keri O. Brenner, **Neal Spira, Brenda Solomon**, David B. Doolittle, Leah Rosenberg and Vicki Jackson is published in *The Journal of Palliative Medicine* Volume 23, Issue 3.

Neal Spira wrote "The Experience of Supervising Chinese Students" in *Psychoanalytic Inquiry* Volume 40, Issue 1, pp 46-49.

"Muriel Gardiner and the Wolf Man: Preserving a Legacy" written by

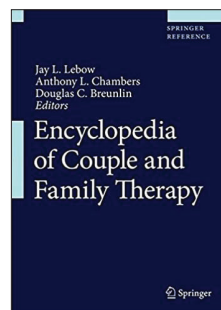


Erika Schmidt was published in *American Imago* Volume 4, Issue 1, pp 513-531.

Frank Summers, Samaneh Ghafouri, Mahmood Dehghani and Farahnaz Mohammadi Shahboulaghi wrote "Process of Object Relation Therapy Based on Transference and Potential Space in Patients with Major Depressive Disorder: A Grounded Theory Study" which was published in *Psychoanalytic Psychology* Volume 37, Issue 1, pp 77-81.

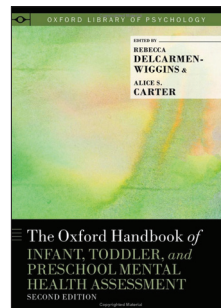
Frank Summers published "From Resistance to Analytic Truth" in *Psychoanalytic Dialogues* Volume 30, Issue 1.

Arthur Nielsen has written 3 articles this quarter- "Four Metaphors Useful in Couple Therapy" is published in the January/February 2020 issue of *Family Therapy Magazine*, pp 35-36, and the *Encyclopedia of Couple and Family Therapy* published "Psychodynamic Couple Therapy" and "Projective Identification in Couple Therapy."



Charles Jaffe has 2 entries in the *Encyclopedia of Couple and Family Therapy*, titled "Introjection in Psychoanalytic Couple and Family Therapy" and "Idealization in Psychoanalytic Couple and Family Therapy."

The Oxford Handbook of Infant, Toddler, and Preschool Mental Health Assessment, 2nd Edition Chapter 12, "Affect Development and Sensory Integration Disorder," was written by Lucy Jane Miller, **Molly Witten**, Roianne R. Ahn and Sarah A. Schoen.



Renee Siegel published, "Where Did I Come From? The Impact of Assisted Reproductive Therapy on Families and Psychotherapists" in *Psychoanalytic Inquiry*, Volume 37. ■

NEW EDUCATIONAL PROGRAMMING:

Integrative Psychoanalytic Couple Therapy and Psychodynamic Psychotherapy Program

This Fall we are introducing two new education programs- Integrative Psychoanalytic Couple Therapy and Psychodynamic Psychotherapy.

Together, the Institute and the Institute for Clinical Social Work (ICSW) have launched a new one-year certificate program in **Integrative Psychoanalytic Couple Therapy**. This specialized training, offered nowhere else in Chicago, is designed to enhance the skills of couple therapists using an integrative psychoanalytic perspective.

Three of Chicago's preeminent couple therapists are the core faculty for the program: **Carla Leone, PhD**, program director, **Arthur Nielsen, MD** and **Karen Bloomberg, PhD**. They will be joined by guest lecturers and expert couple therapists who will provide case consultation for students.

The Institute also now offers a certificate program in **Psychodynamic Psychotherapy** designed specifically to meet the needs of clinicians in the contemporary mental health environment. The 3-year program aims to fill the gap in mental health training and give therapists the tools they need to understand human development and complex psychological phenomenon and help their patients in a deeper and more satisfying way. This redesigned program combines the strengths of the Adult Psychotherapy Program and the Child and Adolescent Psychotherapy in a new format

Applications for all Education Programs are currently being accepted and applicants will be interviewed via distance technology. You can learn more and apply by visiting our website ChicagoAnalysis.org. ■

TUESDAY, FEBRUARY 11

Molly Romer-Witten, PhD was a presenter on the Panel on *Psychoanalytic Contributions to Understanding and Treating Autism Spectrum Disorder (ASD)*.



WEDNESDAY, FEBRUARY 12

Denia Barrett, MSW and **Thomas Barrett, PhD** presented at the Discussion Group: *Parent Work in Psychoanalysis*.

Thomas Barrett, PhD served as discussant in the Discussion Group: *Psychoanalytic Aspects of Assisted Reproductive Technology*.

Scott Davis, MD was the discussant for the 2-day Clinical Workshop: *Workshop Series in Analytic Process and Technique*.

Peter Shabad, PhD presented at the Discussion Group: *Embracing or Foreclosing Change: The Forward Edge of Resistance: Toward Human Agency and Dignity*.

Peter Shabad, PhD served as co-chair and presenter for the Discussion Group: *Shame Dynamics*.

THURSDAY, FEBRUARY 13

Celia Brickman, PhD was a presenter at the Oral History Workshop: *Revisiting Group Psychology and the Analysis of the Ego*.

R. Dennis Shelby, PhD served as discussant in the Discussion Group: *Distance Psychoanalysis and Psychoanalytic Psychotherapy*.



FRIDAY, FEBRUARY 14

Caryle Perlman, MSW, **Molly Romer-Witten, PhD**, **R. Dennis Shelby, PhD** presented the Committee Sponsored Workshop: *Classroom Teaching: Distance Teaching and Learning: Best Practices*.

SATURDAY, FEBRUARY 15

Robert Galatzer-Levy, MD, Program Committee Member, chaired Science Department Session 1: *Empirical Research in Psychoanalytic Theory: Escaping Grunbaum's Circulatory Criticism*.

Christine Kieffer, PhD, ABPP served as the discussant in the Child and Adolescent Panel: *Psychoanalytic Perspectives on Autism Across the Lifespan*.



OPEN HOUSE

On Wednesday, February 5th, the Institute had record turnout at our annual Educational Open House. People from around the world tele-conferenced in while locals gathered to meet with leadership, faculty and students to learn more about the Psychoanalytic Education Program, Psychotherapy Clinic Fellowship Program, Psychoanalysis for Scholars, Psychodynamic Psychotherapy Program, Exploring Psychoanalysis, Fundamentals, Open Classes, Distance Learning and the new Integrative Psychoanalytic Couple Therapy program. Applications are currently being accepted for all these programs. See chicagoanalysis.org for details. ■



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HUMAN.
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HUMAN.
Learning.

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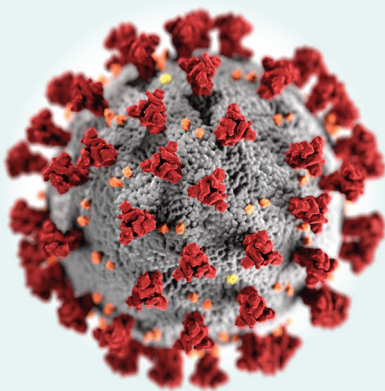
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HUMAN.
BEING.

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COVID-19

The COVID-19 pandemic has deeply affected everyone and changed the way we are all living now. Since March 17, the



Institute has been conducting all education programs, Treatment Center therapy, and administrative work using distance technology. Despite the surrounding uncertainty and anxiety, the Institute is running smoothly.

More than 5 years ago, the Institute began building a robust technological foundation for online learning. Our education programs have students from China, Iran, New Zealand, Saudi Arabia and areas in the U.S. where there are no training programs. Though we never anticipated it, our technology is serving us well during the present public health emergency.

As we extend the use of technology to our clinical and administrative work, we are all learning together to work in this unprecedented circumstance. Applications to the Institute's education programs are still being accepted. Interviews will be conducted via telephone or video conferencing. We understand that this is a stressful time for all and we welcome inquiries regarding therapy for adults, adolescents and children who are able to begin using tele-therapy modalities. Throughout the shelter-in-place directive, we will continue working online and will be ready to transition back to our familiar environment when it is safe. ■

ESTATE PLANNING: FRANZ ALEXANDER LEGACY SOCIETY

The Institute is grateful for legacy gifts which further Franz Alexander's vision for a premier training institution that also brings psychoanalytically informed treatment to those in need through adjusted fee clinical services. The Society honors those who have included the Institute in their will, trust or other planned gift. If you wish to include the Institute in your estate plans, please contact Mary Mucci in the Development Office at 312-897-1424. Sharing your plans with us allows us to express our gratitude to you during your lifetime and ensures that your wishes will be met. Legacy society members envision the future and are determined to keep Franz Alexander's mission, to better understand human beings and help them live fuller lives. ■

