



CHICAGO PSYCHOANALYTIC INSTITUTE

SPRING 2021

CHICAGO PSYCHOANALYTIC INSTITUTE

122 South Michigan Avenue
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chicagoanalysis.org

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FROM THE PRESIDENT:

This Pandemic Life... Continued



Erika Schmidt

When the pandemic quarantine began a full year ago, we could hardly imagine it would last this long. Yet it has. From the midst of the pandemic, we cannot assess its impact as we're still processing it. But one thing is starkly clear: it has had a huge impact on people's mental health

and the supply of therapists does not meet the demand.

The headlines vividly tell the story:

DESPAIR DEEPENS AS CRISIS DRAGS ON

- *New York Times*, 2/15/21

CHILD THERAPIST DEMAND STRAINS SHORT SUPPLY

- *Chicago Tribune*, 2/24/21

DOCTORS UNDER STRESS FROM COVID-19 SAY THEY NEED MENTAL HEALTH SERVICES: 'WE'RE HUMAN BEINGS, JUST LIKE EVERY ONE ELSE'

- *Chicago Tribune*, 2/28/21

THE HIDDEN FOURTH WAVE OF THE PANDEMIC: AMERICA HASN'T BEGUN TO FACE THIS YEAR'S MENTAL HEALTH CRISIS

- *New York Times*, 12/9/20

For some, the stress of the pandemic has exacerbated pre-existing difficulties. For others, the pandemic has been a source of stress that has led to depression, anxiety or other problems. For all, access to mental health services is critical. Every therapist I know reports they are busier than ever

At the Chicago Psychoanalytic Institute, we are helping in this crisis. Our education programs provide advanced training based on psychoanalytic principles that therapists can put into practice right away wherever they work. The training enables them to help people develop the psychological skills they need to deal with stress, understand their emotions, find more satisfying relationships and move toward their personal life goals.

The Institute's Treatment Center offers fee-adjusted psychotherapy for children, adolescents and adults. We have specialized services for grieving children and pro bono short-term psychotherapy for essential workers.

Our education programs and clinical services are made possible by the generous contributions of our donors, the dedication of our faculty, staff and Board and the commitment of our students and clinic therapists. We deeply appreciate all you do. ■

**THE CHICAGO PSYCHOANALYTIC INSTITUTE AND
THE INSTITUTE FOR CLINICAL SOCIAL WORK
ANNOUNCE A NEW CERTIFICATE PROGRAM IN
INTEGRATIVE PSYCHOANALYTIC COUPLE THERAPY,
TO BEGIN IN NOVEMBER OF 2021 OVER ZOOM.**

IN MEMORIAM:

In the Institute's close-knit community the loss of a colleague makes an impact on all of us. Moving forward, a memoriam announcement will be shared in the Institute's first annual newsletter each year.

The Chicago Psychoanalytic Institute mourns the loss of these community members from 2020.

- | | |
|----------------------------|--|
| Dr. Arnold Goldberg | Alumni, Faculty,
Past Director of the Institute |
| Dr. Samuel Weiss | Alumni, Faculty,
Past Board Member |
| Dr. Marvin Zonis | Alumni, Board Member |

SAVE THE DATE(S)

JUNE 18, 2021:

GRADUATION will be held virtually on June 18. Stay tuned for more details.

MAY 6, 2021, 7:00 PM:



For the **VIRTUAL SPRING BENEFIT** the Institute proudly features **Alex Kotlowitz**, author of *There Are No Children Here*, in discussion with educator **Bruce Thomas** at “A Place to Tell Their Stories” Thursday, May 6, 2021, at 7:00 pm.

This year’s benefit will honor **Dr. Paul, Joni and Campbell Holinger** and

Bill and Joan Dutton, whose vision and philanthropy has made the Treatment Center’s Child and Adolescent Services Programs possible, and **Dr. Dorothy Grunes** and **Dr. Phil Lebovitz** in recognition of outstanding faculty service during the pandemic.

2021 Benefit Chairs: **Drs. Brenda and David Solomon.**

REGISTER TODAY

chicagoanalysis.org/give/annual-benefit/

FEATURED SPEAKER: ALEX KOTLOWITZ



Alex Kotlowitz is the author of four award winning books, most recently *An American Summer: Love and Death in Chicago*. With empathy, Kotlowitz tells intimate tales of struggle and resilience by deeply exploring the impact of gun violence in turbulent Chicago neighborhoods. These are stories of trauma, love, failure, growth and especially of human spirit. Kotlowitz brings a remarkable depth of understanding in the narration of the lives of children and adults who he comes to know. It leads to a larger question for us all: what is

the emotional toll of the violence in our neighborhoods and the world around us.

Kotlowitz’s work highlights the need that people have for a place to tell their stories. As psychoanalysts, therapists and the psychoanalytic community knows, this can be transformative for individuals and the contexts where we live and work. It is fundamental to the mission of the Institute’s Treatment Center. The Benefit celebrates the Center’s Child and Adolescent and Child Grief Services programs where children, adolescents and their families come to tell their stories.

IN CONVERSATION WITH BRUCE THOMAS

Bruce Thomas’s lifelong concern has been the fate of children in the hands of large public systems through institutional positions but more often as an independent writer, consultant, teacher and non-profit entrepreneur. Thomas has spent much of the last ten years working as a volunteer tutor in a Chicago public elementary school and collaborating in the creation of a mental health component within the school that’s now an established presence known as The Holding Circle, one of the programs within the Institute’s Treatment Center.

Kotlowitz and Thomas will engage in a conversation about the impact of the stories Kotlowitz tells in his books and Thomas knows from his work in schools and that the work of the Institute’s Treatment Center programs for children exemplify. ■

NEW APPOINTMENTS:



Hillary Gimpel Wolff MSW, LCSW

In January, the Institute welcomed Hillary Gimpel Wolff MSW, LCSW as the Director of the Institute’s

Treatment Center. This is a new role at the Institute, guiding the three clinical services as we continue to provide therapy and training opportunities. Hillary previously worked for Metropolitan Family Services providing psychotherapy to children, youth, adults and families. As a participant in Metropolitan’s Leadership Development Program, she had the opportunity to develop her longstanding interest in administration and leadership. Hillary majored in Psychology and minored in Business at Brandeis University and then went to Washington University in Saint Louis and received her MSW from George Warren Brown School of Social Work. Currently, Hillary is studying for her PhD at the Institute for Clinical Social Work and expects to receive her degree in 2023.



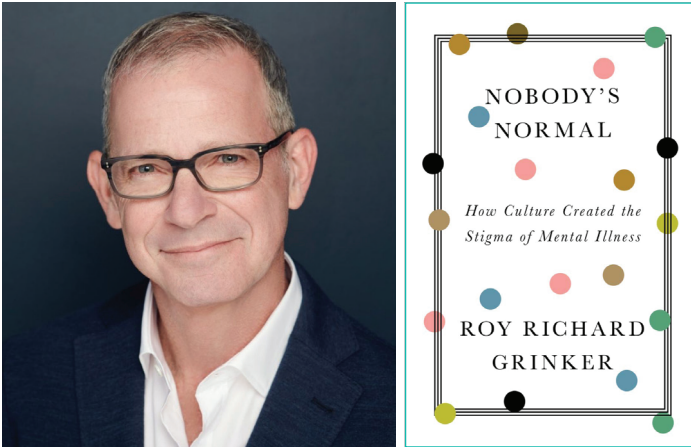
Peter Shaft LCSW

has been appointed to the PEP faculty. Peter maintains psychotherapy and psychoanalytic practices in Chicago and Oak Park, IL,

largely focusing on work with children and their families and offering consultation to other professionals. He is also a faculty member at the Institute for Clinical Social Work. Peter graduated from the Psychoanalytic Education Program in Adult Psychoanalysis and the Child and Adolescent Psychoanalytic Psychotherapy Program at the Chicago Psychoanalytic Institute. He is also a graduate of New Directions in Psychoanalytic Thought at the Washington D.C. Center for Psychoanalysis. ■

A CONVERSATION WITH:

DR. ROY RICHARD GRINKER



In February, the Institute had the honor of meeting up with author and professor of Anthropology, International Affairs and Human Sciences at George Washington University, Dr. Roy Richard Grinker PhD. In our discussion, Dr. Grinker shared background on his book *Nobody's Normal: How Culture Created the Stigma of Mental Illness* and insight on his grandfather's analysis with Sigmund Freud.

How has your work outside of the United States contributed to your book?

Sometimes people think the most important element of anthropology is going around the world and understanding other cultures. But, equally important is that by leaving you can return, changed to your own world, and see it in a new light. You get a shift in perspective that gives the anthropologist a particular critical viewpoint. When I have returned to the United States, I've looked at my own world differently. And one of the things that has really affected me is the importance of social networks and social supports. We talk a lot about medicines and therapies and so on, but what really seems to make a difference in improving people's lives around the world are the kinds of social supports that I've chronicled in my books.

In recent years we have seen progress in ending the stigma surrounding mental illness. What steps are people taking that are helping this movement?

Stigma and even the concept of abnormality itself depend on what a society's ideal is. If our ideals of the person change, so too will the way in which we accept or stigmatize people. Increasingly, we are appreciating what some advocates call neurodiversity – the idea that cognitive differences are not necessarily weaknesses and can, in many cases be strengths. And, linked to this notion of neurodiversity is the idea that we all exist on a spectrum. We used to think of mental illnesses categorically – you had it or you didn't have it. But, now that we're starting to see things more fluidly, a view that invites us to understand that we all exist on some continuum of suffering.

Sometimes our suffering goes over the border into something that is so significantly impairing that we need treatment. But, sometimes it doesn't, or perhaps changes over time, and we move along the spectrum.

I really see this new change in what the "ideal" person – not someone who conforms, or who hides their suffering, but someone who understands that to be human is to be dependent and that to ask for help is a sign of strength and resilience rather than shame.

What do you think about contemporary attitudes toward mental health in terms of stigma compared to other points in time and how do you think the pandemic has affected people's attitudes?

The stigma of mental illness increases when we don't expect or don't accept others' emotional distress as part of the human condition. Stigma decreases when we expect it. And, we expect people to be emotionally distressed during this pandemic. My book shows that whenever there are global stressors (namely, wars) there is, even if temporarily, an understanding that emotional suffering is in the range of what we expect. And, at these times we've also seen, particularly in the United States, an opportunity to leverage those crises to make progress in mental health care.

In World Wars I and II, people like my grandfather, who served as a psychiatrist in World War II, noticed that there were people who had no psychiatric history at all who developed mental illnesses. The soldiers were sick but they were different from the people who had been confined in asylums. So these two wars were really responsible for moving mental health care out of the asylums and into the general population – to see for the first time that mental health experts could offer something to everyone.

So what we are seeing now with COVID may also kind of normalize mental illnesses. And, that's what my grandfather's dream was – to help people understand that everybody has some degree of mental illness. Just as we are all going to get certain kinds of sicknesses like flu or colds or terrible sicknesses like cancers, we also are going to experience mental illnesses. And, the lifetime prevalence for mental illnesses in the United States is about 50%. Global crises take mental health care out of the realm of only the most severe forms mental illness of and kind of spread it to the general population, to the so-called common disorders, and so it's in these times that we sometimes see real bursts of progress in breaking down barriers to care.

Your grandfather went to Vienna in the 1930s for analysis by Sigmund Freud. What can you tell us about it?

My grandfather's analysis with Freud was a key component in the development of psychiatry and psychoanalysis in Chicago for a number of reasons.

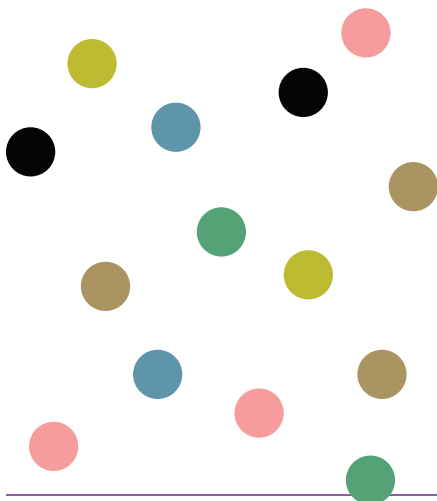
Continued... ►

First, his analysis with Freud helped him to move out of the shadow of his father, Julius, who was a neurologist. To the best of my knowledge, my great-grandfather Julius was the first practitioner of psychoanalysis in Chicago, but he wasn't a fan. He published a piece on psychoanalysis in 1912, calling it plausible. But it took more than two decades before anybody in Chicago published anything else on psychoanalysis. And when my grandfather decided to learn about analysis and psychiatry, Julius threatened to cut him off financially.

It's not surprising. During the 1920s, psychiatrists in Chicago were still seen as second-rate doctors, essentially managers or administrators of asylums. He started his analysis with Freud only after Julius died.

So when my grandfather did come back from Vienna, he began to be celebrated as one of Freud's last patients. It gave him a kind of bully pulpit to talk about how to move psychiatry/psychoanalysis/mental health care out of the insane asylum into the general population.

Secondly, being involved with psychoanalysis at the University of Chicago, psychiatry and psychoanalysis helped produce the groundswell for the eventual founding of the Chicago Psychoanalytic Institute. It is fascinating how one person's therapy with one doctor could have such a big impact on the future of something like the Chicago Psychoanalytic Institute which is still thriving almost a century later. ■



APsaA 2021 ANNUAL MEETING:

Institute Representation



At APsaA's 2021 Annual Meeting "On the Street, In the Office, Psychoanalysis Now" numerous contributions came from Chicago Psychoanalytic Institute Faculty, Students and Alumni.

FRIDAY FEB 12

The Stuart Twemlow Symposium on Psychoanalysis in the Community:
Community Effects of Coronavirus Pandemic in Four Countries

Chair & Host: Institute Alumni, Jeffrey Taxman, MD (Mequon, WI)

SATURDAY FEB 13

Psychoanalysis and Neuroscience Symposium: Revision of the Theory of
the Oedipus Complex

Presenter: Institute Faculty, Mark Solms, PhD (London, England)

Not that I'm a Racist, But...: Working in the Realm of Racial and Ethnic Dynamics

Host: Institute Candidate, Christopher Rigling, PsyD (Chicago, IL)

SATURDAY FEB 20

Shame Dynamics

Co-chair, Presenter & Host: Institute Faculty, Peter Shabad, PhD (Lincolnwood, IL)

Psychoanalysis and China: Distance Analysis from Both Sides of the Couch

**Presenters: Institute Candidates, Summer Wang, MS (Guang Dong, China) and
Eric Jiang, MA (Sichuan, China)**

Professional Development Workshop: Re-Branding Psychoanalysis:

Correcting The Public's Misunderstandings

Presenter: Institute Alumni, Linda L. Michaels, PsyD, MBA (Chicago, IL)

Embracing or Foreclosing Change: Deepening the Treatment

Chair, Presenter & Host: Institute Faculty, Peter Shabad, PhD (Lincolnwood, IL)

Protecting Confidentiality in Video Analysis

Host: Institute Candidate, Peter L. Rudnytsky, PhD, LCSW (Gainesville, FL)

SATURDAY FEB 27

Otto Kernberg: Perspectives from Seven Decades of Psychoanalytic Research

Chair: Institute Faculty, Robert M. Galatzer-Levy, MD (Chicago, IL)

SUNDAY FEB 28

Distance Psychoanalysis and Distance Psychoanalytic Education

Co-chair: Institute Faculty, R. Dennis Shelby, PhD (Chesterton, IN)

Discussant: Institute Candidate, Katherine M. Williams, PhD, LCSW (Chicago, IL)

The Critics of Psychoanalysis: Plato and the Origins of Psychodynamic Thinking

Co-chair & Presenter: Institute Faculty, Jonathan Lear, PhD (Chicago, IL)

Research on the Relation of Psychoanalysis and Neuroscience –

Looking for the Self Without and Within The Body

Chair: Institute Faculty, Virginia C. Barry, MD (Chicago, IL)

Artist/Scholar-In-Residence: "Wrought With Things Forgotten" – Shakespeare's Mother

Chair: Institute Candidate, Peter L. Rudnytsky, PhD, LCSW (Gainesville, FL) ■

EDUCATION:

New Psychoanalytic Education Program Curriculum

Last year, **President Erika Schmidt LCSW** and then **Dean Prudence Gourguechon MD** led an initiative that developed a 4-year curriculum for the Psychoanalytic Education Program curriculum. What started as a Task Force to review curriculum matters grew into a revision that incorporates contemporary ideas within psychoanalytic theory and practice and insured that the coursework for PEP can be completed in 4 years. A subcommittee of the Task Force included faculty members Erika Schmidt LCSW and **Charles Jaffe PhD** and candidate **Michael Jones**, began under Dean Gourguechon and is being finalized and implemented under Dean Wendy Selene.

To continue the Institute's dedication to the highest level of psychoanalytic education, the 4-year curriculum is designed to keep abreast of the latest developments in the field and point the way toward promoting the relevance of psychoanalytic theory and practice well into the 21st century. It includes 5 sequences that are taught over the 4 years: Human Development Across the Life Cycle; Psychoanalytic Theories; Clinical Process and Technique; Psychoanalysis and the Social Surround; and The Analyst's Development.

The curriculum covers classic and contemporary models of psychoanalytic

theory and practice with an enhanced emphasis on teaching psychoanalytic thought within the larger scientific study of human development, neuroscience and complex dynamic systems. Psychoanalysis now occupies a place within many clinical practices and practice settings. The curriculum takes this changing context into account by addressing the role of psychoanalysis in the broader world as well as attending to the emotional development of clinicians over the course of their careers.

Clinicians and their patients represent the diversity of the larger community and with this diversity comes clinical opportunities and challenges. The curriculum considers this diversity as it pertains to human development and its derailments, taking into account the mutual influences of the individual within the social and cultural environment.

Psychoanalytic education requires immersion over time, but the demands on time and finances for those seeking this education require an approach that is focused, efficient and encourages study beyond the core program. The 4-year curriculum will be offered over 33 weeks for 4 years with an option for a fifth year of advanced study.

PREVIEW OF THE 4-YEAR CURRICULUM:

YEAR-ONE: FUNDAMENTALS OF PSYCHOANALYTIC THOUGHT

All psychoanalytic, psychotherapy and other students begin their Institute education together in the first year with an overview of the essentials of psychoanalytic thought. A newly developed course titled Psychoanalysis, Society and Culture covers issues of gender, sexuality, culture, ethnicity, race and diversity in order to understand the impact of social and cultural experience on psychological development.

YEAR-TWO: DEEPENING UNDERSTANDING, ADVANCING TECHNIQUE

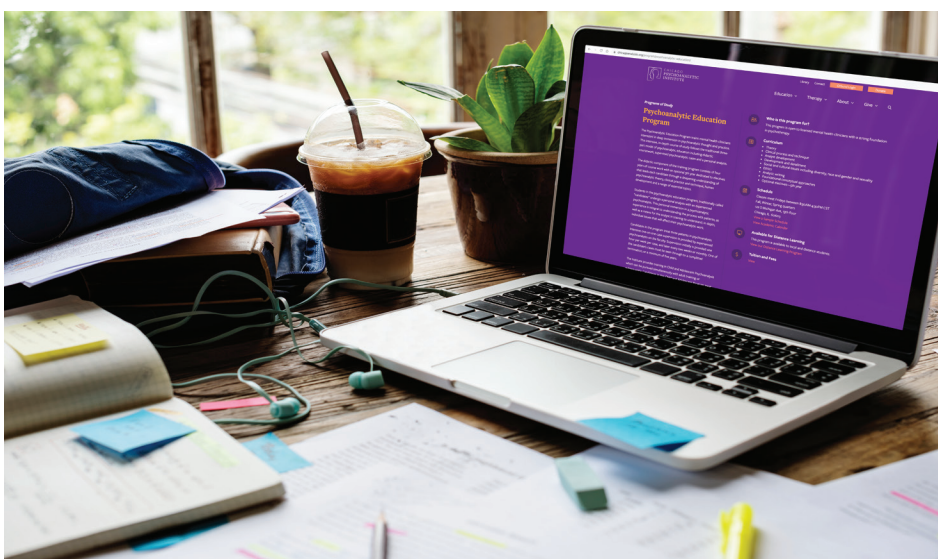
In the second year, candidates study the major models of psychoanalytic theory, analytic technique, a case conference and ethics. Psychopathology, Neuropsychanalysis and Relational Theory are also introduced here.

YEAR-THREE: TRADITIONS AND TECHNIQUES

Now candidates expand their knowledge of theoretical models introduced in year 2 and their application to clinical practice. A new course, Latin American and European Psychoanalysis, contributes to a broad understanding of modes of practice.

YEAR-FOUR: INTEGRATION

In the fourth year, the goal is for students to integrate their learning, critique what they have learned and begin to consolidate their own style of clinical understanding and practice. Courses that support this include Critique of Theory, Nature of Therapeutic Action, Psychoanalyst's Emotional Tasks and Psychoanalysis in the Larger World. Students are expected to complete a capstone project that reflects their special interests. ■



ESTATE PLANNING: FRANZ ALEXANDER SOCIETY



The Institute is grateful for legacy gifts which further Franz Alexander's vision for a premier training institution that brings psychoanalytically informed treatment to those in need of clinical services. The Society honors those who have included the Institute in their will, trust or other planned gift. If you wish to include the Institute in your estate plans, please contact the Development Office at (312) 897-1424. Sharing your plans early allows us to express our gratitude to you during your lifetime and ensures that your wishes will be honored. Legacy Society members envision the future and are determined to keep Franz Alexander's mission, to better understand human beings and help them live fuller lives. ■

CHICAGO CARES

The CARES Act changes deducting charitable contributions made in 2020 for Tax Reporting purposes:

Previously, charitable contributions could only be deducted if taxpayers itemized their deductions.

However, taxpayers who don't itemize deductions may take a charitable deduction of up to \$300 for cash contributions made in 2020 to qualifying organizations. For the purposes of this deduction, qualifying organizations are those that are religious, charitable, educational, scientific or literary in purpose. The law changed in this area due to the Coronavirus Aid, Relief, and Economic Security Act.

The CARES Act also temporarily suspends limits on charitable contributions and temporarily increases limits on contributions of food inventory. More information about these changes is available on IRS.gov. ■



PEOPLE HELPING PEOPLE



Dean Wendy Selene

Tuesday, December 15, 2020, Institute **Dean Wendy Selene PhD, LCSW** presented for the Virtual Family Leadership Council at a meeting entitled "How to Deal with Loss During the Holidays." The event was sponsored by **Centene Corporation** for its members. Centene Corporation is a healthcare company that provides managed and specialty care services to government sponsored healthcare programs, focusing on under-insured and uninsured

individuals. The Virtual Family Leadership Council is a program created by social workers employed by the Centene Corporation. The audience was comprised of Medicaid recipients, including foster parents receiving Medicaid for their children. Many were struggling with the recent loss of a family member or loved one.

This is an area of expertise for Dr. Selene. Her presentation was well-received as acknowledged by numerous emails thanking her for her service and requesting that she return for future meetings. However, she said the most fulfilling part of the session was experiencing the strength of the group. Audience members took turns sharing their stories of loss, and other participants offered support through encouraging words or sharing wisdom hard won from their own experience. Dr. Selene felt the title, Family Leadership Council, was an apt one, because the program promotes the role of leadership among the members. The support they offered each other was particularly moving and unifying and helped group members realize their own strengths.

This presentation is an excellent example of the type of presentations psychoanalysts conduct in the community. If you are interested in having a psychoanalyst speak at an upcoming event, please email admin@chicagoanalysis.org. ■

IN CASE YOU MISSED IT:

On January 27, 2021, the Institute hosted the **INAUGURAL ALUMNI EVENT**. The virtual program featured **Dr. Alexander Stein** of Dolus Partners. He spoke about the way psychoanalysts can bring their expertise to businesses and other organizations. Nearly 100 people registered for the event. You can still watch it online www.youtube.com/watch?v=OfHyEBDYeU&t=8995.

The Institute's **ANNUAL EDUCATION OPEN HOUSE** took place on February 17 with a record number of registrants for the 2nd consecutive year. Institute leadership and students discussed with nearly 40 interested people, programming for the coming academic year. Each year, the Open House kicks off the registration cycle. Applications for the 2021-2022 academic year are currently being accepted. Visit the website for more information.

February 25, **Roy Richard Grinker PhD** and **Jonathon Lear PhD** discussed *Nobody's Normal: How Culture Created the Stigma of Mental Illness*, Dr. Grinker's recent publication. Hundreds of people registered for the online event which was sponsored by Bookends and Beginnings bookstore in Evanston. You can view the recorded event here: www.facebook.com/watch/?v=249954943335985. ■

PUBLICATIONS & HONORS:

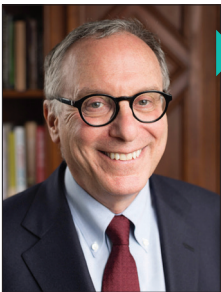
Kudos to our Colleagues



David Garfield MD retired from and is now Professor Emeritus in psychiatry of the Rosalind Franklin School of Medicine and Science.

Heart Wrenching a poem by **Dale Gody PhD** was selected for a creative virtual salon sponsored by the National Institute for the Psychotherapies. The poem, written at the beginning of

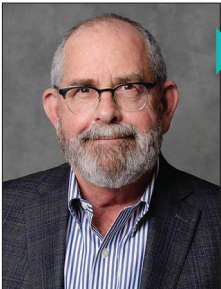
the COVID pandemic, describes her own and her grandchild's experiences of the deprivations of touch.



Jonathan Lear PhD delivered *Transience and Hope: A Return to Freud in a Time of Pandemic* at The Newberry Library, November 17, 2020 which will appear in expanded form in the April 2021 issue of the *International Journal of Psychoanalysis*.

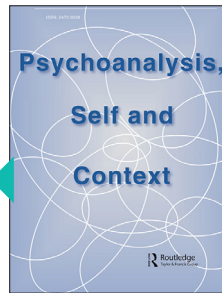
Additionally, Dr. Lear's book *Radical Hope: Ethics in the Face of Cultural Devastation* was translated to German *Radikale Hoffnung: Ethik im Angesicht*

kultureller Zerstörung. (German translation of *Radical Hope*. Berlin: Suhrkamp, November, 2020).



On January 5, 2021, **Dennis Shelby PhD** participated in a panel discussion on "Beginning Psychoanalytic Treatment Online." The panel was an effort of APsA's COVID Task Force.

David Terman MD's paper *The Negative Selfobject* is to be published in *Psychoanalysis, Self and Context* this Fall. ■



Heart Wrenching

*He is too little
To understand*

*Face utterly falling
As he reaches out
To be held*

*Encounters not
A dead mother
But an anxious Grammy*

*Crushed by reality
Deprived of hugging and kissing
Holding him close
Unable to smell
His lemony hair
Stroke his fat baby cheeks
Nuzzle his tummy
With raspberry kisses*

*When I left yesterday
He cried bitterly
Today not even
One tear
Refuses to wave
Bye-bye*

*For him
I am abandoning
Not holding
His future
My future
Our shared future
Together
Heart wrenching*

— Dale Gody, Ph.D. ■

Hats Off



The Institute is pleased to announce that our first international students have completed the Psychoanalytic Education Program. Congratulations to **Hao Chung Hsu MD** and **Nahaleh Moshtagh PhD**. Their graduation reflects the global impact of the Institute.

We look forward to celebrating their accomplishments with the rest of their class at graduation on June 18, 2021. ■



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HUMAN.
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HUMAN.
Learning.

HUMAN.
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HUMAN.
Thriving.

HUMAN.
BEING.

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CLINICAL CONSULTATION GROUP FOR PSYCHODYNAMIC PSYCHOTHERAPISTS

CHICAGO
PSYCHOANALYTIC
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**CLINICAL
CONSULTATION
GROUP** FOR PSYCHODYNAMIC
PSYCHOTHERAPISTS

Psychodynamic psychotherapy is a conversation for the special purpose of helping the patient/client achieve a complex self-understanding that results in more adaptive and satisfying relations and behavior with oneself and others. Through the method of empathic understanding, the therapist can engage the full range of human development, emotion, patterns of expectation, self-protection and memory, towards the end of creating conditions for psychological change. Led by **Charles Jaffe MD**, faculty member and practitioner-scholar.

HUMAN. BEING.

March 12, 2021, the Institute launched the Clinical Consultation Group for Psychodynamic Psychotherapists. This consultation group, led by **Charles Jaffe MD** faculty member and practitioner-scholar, allows participants from across the country to remotely present clinical material via HIPAA compliant Zoom conferencing to deepen their understanding of how to conceptualize the clinical conversation and to understand how change occurs in this uniquely human exchange.

For 35 years, Dr. Jaffe has taught courses in clinical practice, development and theory at the Institute where he is a training and supervising analyst. He has conducted seminars and lectures in research and practice around the United States and has received numerous awards for his teaching. Dr. Jaffe's publications focus on psychoanalytic theory, adolescent development, the theory of therapeutic action and the integration of clinical practice and research.

The Clinical Consultation Group is ongoing and meets on Fridays from 1:45-3:15 PM CST, every other week. Initial meeting dates for 2021 are March 12 and 26, April 9 and 23 and May 7 and 21. Learn more by visiting the Institute website. ■