



CHICAGO PSYCHOANALYTIC INSTITUTE

SPRING 2022

CHICAGO PSYCHOANALYTIC INSTITUTE

122 South Michigan Avenue
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Chicago, IL 60603
chicagoanalysis.org

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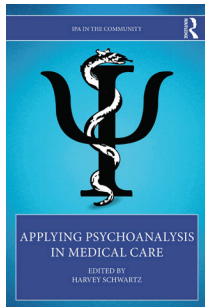
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PUBLICATIONS & HONORS:

Institute Faculty in the News

Lynn Borenstein LCSW presented a paper “Rekindling Hope and Meaning for the Vulnerable Child: Transitional Objects and Forward Movement in Child Treatment” at the 2021 American Association for Psychoanalysis in Clinical Social Work Biennial Conference.



Linda Emanuel MD PhD authored one chapter and coauthored a chapter in *Applying Psychoanalysis in Medical Care*.

Lucy Freund PhD was elected President of the Chicago Psychoanalytic Society in June 2021 for a two-year term.

Paul Holinger MD MPH published “School Safety and Violence: Enhancing Organizational and Clinical Responses” in the *International Journal of Applied Psychoanalytic Studies* 18:294-299.



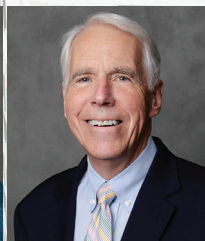
Lynn Borenstein LCSW



Linda Emanuel MD PhD



Lucy Freund PhD



Paul Holinger MD MPH



Elizabeth Levey MD



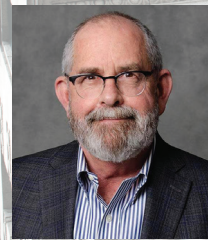
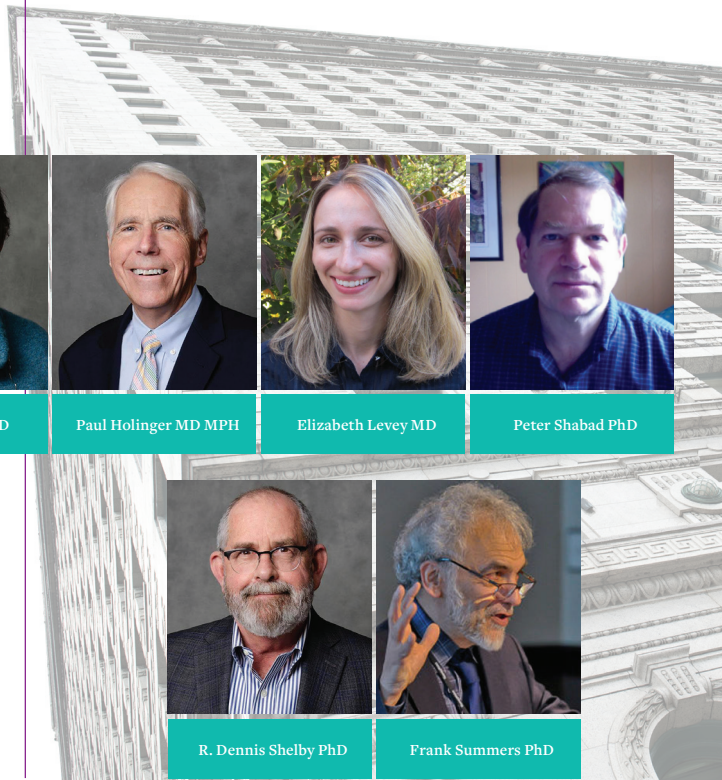
Peter Shabad PhD

Elizabeth Levey MD published “Analyzing from Home: The virtual space as a flexible container” in *Psychodynamic Psychiatry* 49:425-440. She won the semi-finalist award for the 2021 American Psychoanalytic Association’s Candidates’ Paper Prize for this article.

Peter Shabad PhD presented a workshop titled “Chronic Loss, Shame and Mourning” to the Appalachian Psychoanalytic Society.

R. Dennis Shelby PhD has been appointed Internal Mental Health Consultant for the Valparaiso Police Department to support officer wellness through in-service training, critical incident debriefing and individual consultations, and a position in partnership with the Valparaiso University Social Work Department.

Frank Summers PhD ABPP presented a paper titled “What Sort of Other is the Analyst?” at the Austin Psychoanalytic Society in the fall. He also published two papers recently: “The analyst’s vision of the patient and the dialectics of interpretation” in *Psychoanalytic Social Work* 28:134-148 and “What is Psychoanalysis? Brief Commentary on Frank and Bornstein” in *Psychoanalytic Inquiry* 41:315-326. ■



R. Dennis Shelby PhD



Frank Summers PhD

RECENT PROGRAMS & EVENTS:

In Case You Missed It...

On **SEPTEMBER 24, 2021** the Institute honored 14 elder states-people for their many contributions to the field of psychoanalysis as practitioners, teachers, supervisors and scholars. [You can view the program online.](#)

On **OCTOBER 9, 2021** the Institute celebrated the life and work of **Dr. Arnold Goldberg** with an online program, “*Arnold Goldberg MD, Theoretician, Clinician, Man: A memorial event honoring his legacy.*” **Charles Strozier PhD** told the story of Dr. Goldberg’s life and work and faculty members **Dennis Shelby PhD, David Solomon MD, Jeffery Stern PhD** and **Molly Witten PhD** contributed remembrances. [The recorded program can be viewed online.](#)

On **NOVEMBER 11, 2021** the Institute in partnership with Psychotherapy Action Network presented “A Conversation with **Hannah Zeavin PhD.**” **Linda Michaels PsyD, MBA** led an online interview with Dr. Zeavin on her recent book *The Distance Cure: A History of Teletherapy.* [View a recording of the program here.](#) ■

2022 Annual Spring Benefit



The Annual Spring Benefit, celebrating the Institute’s 90th anniversary, was held on May 4. “*Honoring the Past, Building the Future*” highlighted the Institute’s history in the city of Chicago narrated by public historian, Paul Durica. It featured cameo appearances by faculty members who have helped develop our educational programs and clinical services.

In honor of the 90th anniversary, the Institute has made several videos that reflect on the work of the Institute, highlighting its progress and looking toward the future. The first event [LINK HERE](#) featured past Institute leaders **Phil Lebovitz** and **David Terman** in conversation with current **President Erika Schmidt** and moderated by **Dean Wendy Selene**. A second event [LINK HERE](#) narrates an overview of the Treatment Center and Education programs, featuring Treatment Center Director, **Hillary Gimpel Wolff** and **Dean Wendy Selene**. A future video will tell the story of the evolution of Self Psychology with **Jeffrey Stern, Charles Strozier** and **David Terman**. ■

GENEROUS GIFT TO CHILD GRIEF SERVICES:

In September, the Treatment Center’s Child Grief Services gratefully accepted a \$25,000 grant from the **Efroymson Family Fund** which was generously matched by an anonymous donor.



Since 1998, the Efroymson Family Fund, established by Dan and Lori Efroymson, has continued a family legacy of charitable commitment. From 1919 to 1999, three generations of Efroymsons served without interruption on the Board of The Indianapolis Foundation.

Since 1999, Lori Efroymson-Aguilera and her two children have continued the family’s philanthropic legacy by providing financial support for a diverse range of cultural and social issues, including the arts, historic preservation, the environment and helping those in need. To date, the Efroymson Family Fund has awarded more than \$100 million in grants. We are fortunate recipients of their financial support. ■

ESTATE PLANNING: FRANZ ALEXANDER SOCIETY



The Institute is grateful for legacy gifts which further Franz Alexander’s vision for a premier training institution that brings psychoanalytically informed treatment to those in need of clinical services. The Society honors those who have included the Institute in their will, trust or other planned gift. If you wish to include the Institute in your estate plans, please contact the Development Office at 312.897.1424. Sharing your plans early allows us to express our gratitude to you during your lifetime and ensures that your wishes will be honored. Legacy Society members envision the future and are determined to keep Franz Alexander’s mission, to better understand human beings and help them live fuller lives. ■

THE INSTITUTE WELCOMES SEVERAL NEW STAFF AND FACULTY MEMBERS:

New Faces



Lala Abasova joined the Institute as Vice President for Finance and Operations. Lala brings 20+ years of financial and organizational management

experience and a background in structuring and implementing financial processes that create efficiencies across all departments. In her role at the Institute, Lala will be responsible for managing all aspects of accounting and finance, human resources and insurance.

She holds a BA in Political Science and an MA in International Relations and is currently earning her Certified Management Accountant certification. Lala grew up in Baku, Azerbaijan and is fluent in Azerbaijani and Russian. She enjoys traveling and meeting new people. In her free time, she enjoys exploring, cooking, reading, art and design.



Miguel A. Martinez MNA, CNP is the Institute's new Vice President for Development, responsible for development and fund-

raising. He also oversees Marketing and Communications. With 25+ years of management, fundraising, strategic planning, marketing, board and donor relations experience, Miguel's career has been exclusively within the non-profit sector. He has worked at Casa Central, Delta Chi Educational Foundation, Albany Park Community Center, the Josselyn Center and United Way for Southeastern Michigan.

Miguel earned his BA from Michigan State University and his MA in Nonprofit

Administration from North Park University. He is certified in Board Governance and Nonprofit Management and has Nonprofit Professional Certification from the Nonprofit Leadership Alliance. He is a graduate of the Martin Luther King Jr., King Center for Social Change Internship Program and New Detroit's Hispanic Leadership Development Program. Miguel resides in Chicago's South Loop neighborhood where he is an active community volunteer. He is an avid runner and enjoys the arts, reading, theatre, sporting events and movies.



Elizabeth Levey MD is a child, adolescent and adult psychiatrist. She completed her residency and fellowship training at the Harvard Medical School

combined program at Massachusetts General and McLean Hospitals. Dr. Levey began psychoanalytic training at the Boston Psychoanalytic Society and Institute and completed her adult training in Chicago and is now a candidate in adult and child analysis here. She has a private practice in Chicago where she sees children, adolescents and adults. Dr. Levey is also a global health researcher. She has a K23 award through the National Institute of Mental Health to study a family-based home visiting intervention for adolescent mothers in Peru.



Sidney Miller PhD began her career as a Psychiatric Nurse and later became a Clinical Social Worker. Dr. Miller was a founding member of

the IL Clinical Nurse Specialist group and a founding member of the Chicago

Women's Entrepreneur Association. Currently she is a member of The American Psychoanalytic Association and the International Association of Psychoanalytic Self Psychology. Dr. Miller earned her PhD at The Institute for Clinical Social Work. She is a graduate of the Chicago Psychoanalytic Institute where as a candidate she served on the Curriculum Committee.



Gretchen Schmutz PsyD practices in Chicago treating children, adolescents, and adults. She received her Doctorate in

Clinical Psychology from the Illinois School of Professional Psychology. She is a member of the Contemporary Freudian Society and teaches at the Institute for Clinical Social Work. Her work as an educator ranges from being a Clinical Instructor at the Northwestern University Feinberg School of Medicine where she taught in the training program for externs, interns, and fellows for more than decade to being a lecturer at Lane Elementary School, Hinsdale, Illinois teaching a two-part lecture series on the impact of daily routines on the executive functioning and psychology of elementary school students. Gretchen has been appointed an adjunct faculty member.



Maranda Sze PhD received her education in Hong Kong before earning her MA in counseling studies in the UK, and went on to earn her PhD with a

developmental psychology orientation in Beijing. She trained as one of our first

Continued... ►

CONTINUED: New Faces

students from China. She works with adults, parents and their infants, children and adolescents in private practice. She is a certified supervisor with the Professional Registration System for Clinical and Counseling Psychology Organizations and Professionals of Chinese Psychological Society. She co-founded Mind in Mind Education and Counseling and has been teaching infant and young child observation to mental health workers in China. She has translated a number of psychoanalytic texts from English into Chinese. Together with her colleagues, she edited a collection of Chinese papers on “Infant and Young Child Observation in China”, which was published in China in 2018.



Wendy (Cuiqin) Wen MS entered training at the Chicago Institute as one of our first students from China and a graduate of the CAPA

psychotherapy program. She is now a graduate of the PEP program. She is the founder of Xinxun Psychology (Training Psychodynamic Therapists).

Wendy practices in Shanghai and is an active facilitator of the development of psychoanalysis in China. Wendy enjoys writing and is a visual artist. Her work was displayed at the 2011 APsA “Psychoanalysis As Artist” show. This year she will have an exhibit in Shanghai.



M. Theodora Pintzuk LCSW came to psychoanalytic training after 30 years of practice as a therapist. In addition to private practice,

Theo worked at the Howard Brown Health Center and helped establish the Chicago Training Collaborative, a certificate program in clinical work with LGBT people and their families. She has been an activist in the Women’s and Lesbian/Gay Liberation Movements. Theo has taught in the Advanced Psychodynamic Clinical Practice Fellowship Program at the University of Chicago and has provided training and offered seminars in several Chicago area programs. ■



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WE WANT
TO HEAR
FROM YOU

Do you have a story about how your practice has been affected by the work of the Institute?

How has your life changed as a result of psychoanalytic therapy?

How did training at the Institute impact you?

Share your stories via email at:
ImpactStories@ChicagoAnalysis.org



**HUMAN.
BEING.**

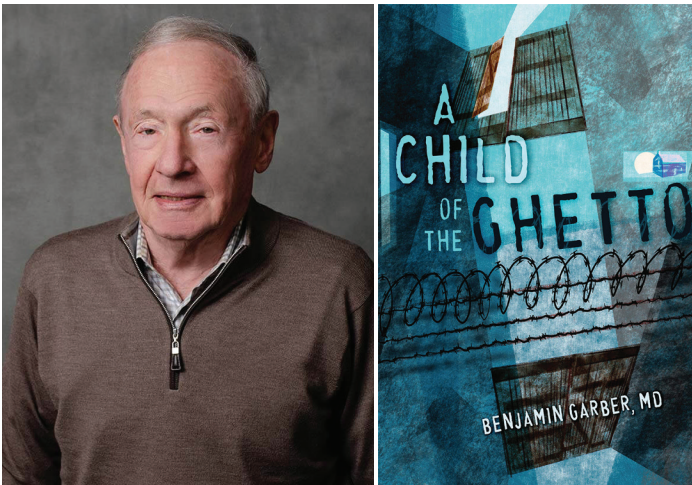
Farewell Carolyn



After seven years, Carolyn Handler retired from her position at the Institute where she served as Chief Administrative Officer and then Executive Director. We appreciate her many contributions over the years and offer her good wishes. ■

A CONVERSATION WITH:

DR. BENJAMIN GARBER



Institute faculty member Benjamin Garber published *A Child of the Ghetto*, a memoir of his childhood escape from Poland's Wilno Ghetto and his struggle to survive the Holocaust. The book is dedicated to Dr. Garber's wife and three daughters who inspired him to document these events as a contribution to preserving an important part of 20th century history.

Recently, Dr. Garber was interviewed about his memoir.

In the beginning of the book, you are 4 years old, and now you are 88. What prompted you to write this autobiography now?

I never spoke of my childhood experiences until an evening when we hosted a Seder, but none of the guests could make it. I decided that, instead of proceeding with the normal holiday rituals, I would share my story with the family. My daughters embraced the story and began encouraging me to document it.

Sharing your story helps others heal, but do you think it helps you as well?

My friend, psychoanalyst Jack Graller, was interviewing Holocaust survivors for a Steven Spielberg production. He asked if I would be willing to share my story and I agreed. But the weeks leading up to our meeting were filled with restless nights and nightmares of Nazis

chasing me. Then, when my interview with Dr. Graller was over, the nightmares stopped and I could sleep again. So, yes, telling my story helps me heal.

Do you feel like your life experiences, particularly your life during the Holocaust, contributed to your becoming a psychoanalyst?

Yes. I was a founder of the Barr-Harris Children's Grief Center. I believe my interests in working with bereaved children is based on my experiences. Each time I work with a bereaved child, I engage in a bit of mourning myself, for the people I have lost. It's work that I enjoy.

How have your experiences help you understand children who have suffered traumatic loss?

I am able to empathize with children in therapy. I quickly pick up on where they are stressed, where they are vulnerable. And, I know exactly at what point, I can make a connection with them. It's a tactic you learn in psychoanalytic training, but I believe my experiences have helped me to pinpoint these areas more easily.

Dr. Garber has a private practice in adult and child psychiatry and psychoanalysis and serves as a Training and Supervising Analyst at the Institute. He was a founder of the Barr-Harris Children's Grief Center, now Child Grief Services, and served as its Director for 17 years. In addition to *A Child of the Ghetto*, Dr. Garber has published many articles on childhood bereavement and loss. Currently, he is at work on a follow-up memoir about his post-war experience in a displaced persons camp. ■



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