



CHICAGO PSYCHOANALYTIC INSTITUTE

FALL 2022

CHICAGO PSYCHOANALYTIC INSTITUTE

122 South Michigan Avenue
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Chicago, IL 60603
chicagoanalysis.org

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FROM THE PRESIDENT: Looking Back and Looking Forward



Erika Schmidt

As the Institute celebrates its 90th anniversary, I am writing my final letter as Institute President. My 9-year tenure had its highlights, achievements, challenges and some unrealized goals. And along came the pandemic when we learned just how effective classroom learning, psychotherapy and

psychoanalysis could be online and just how much in-person experiences mean to us all.

Across these 9 years, I've worked with 4 deans and 1 associate dean; our 100+ faculty members; entering, continuing and graduating students; a new Treatment Center Director, 3 clinic directors and a cadre of therapists; a multi-faceted staff; and 3 Board chairs and the Board's lay and faculty members. Together, we have realized the Institute's mission to provide the kind of education and clinical services that help people transform their lives.

So much has happened over these 9 years. We welcomed Chinese applicants to our analytic training after they completed the China American Psychoanalytic Alliance psychotherapy training. Applicants from other countries and other parts of the U.S. also sought our training. We created a hybrid classroom model to accommodate what is now a global learning community. As much as these students have come to us for their education, they have taught their teachers and student colleagues how cultural perspectives shade the ways that they understand and use psychoanalytic ideas.

We envisioned a program we named Fundamentals of Psychoanalytic Thought. It distills the essential ideas about psychoanalysis into a 1-year set of courses that

is the first year of training for our psychotherapy and psychoanalytic students and can also be taken as a stand-alone program. In this year, students come together in a learning community, bringing a diversity of background, experience and professional goals.

What started as a small task force to make some adjustments in the analytic program became a reimagining of the PEP curriculum, now a 4-year curriculum that each year contributes to the candidates' deepening knowledge and growing professional identity. This curriculum incorporates recent innovations in theory as well as a psychoanalytic perspective on the meaning of cultural, racial, gendered and ethnic aspects of a sense of self and the way the environmental surround affects how people grow and develop across the lifespan.

The establishment of the Treatment Center consolidated our 3 clinics into one under the charge of the TC Director. We continue to offer fee-adjusted services to children, adolescents and adults as well as on-site services in a number of local public and charter schools. It is a place where our students have opportunities to gain clinical experience. Here we put into practice the ideas and values that we teach in our classrooms.

I've highlighted some of what's happened over these 9 years and now look forward to participating as a faculty member as **David Brooks** assumes the President's role. None of the developments of these years could have happened without the help and support of the entire Institute community. To our faculty, whose volunteer devotion enables us to offer quality education, to train the next generation and to generate scholarship in the field; our students who bring their curiosity and vitality; our staff that brings their professionalism and energy to make things possible; the Board whose commitment our mission moves us forward; and to our donors and supporters who contribute to the spirit of our community, I extend my deep appreciation and gratitude. ■

Welcome to David Brooks, CPI's New President

Institute Faculty in the News



David Brooks

David M. Brooks PhD PsyD has been appointed as the Chicago Psychoanalytic Institute's new President. David will begin his work at the Institute on September 1st, giving him a month-long period of transition with Erika Schmidt, the current president. His official presidency will take effect on October 1st. David comes to CPI with an extensive background as a psychoanalytic clinician, scholar, administrator and leader.

As he anticipates taking on the role of CPI President, David shared some thoughts about community building. "Since Freud, the guiding moral principle for psychoanalysis has been to do what is in the best interest of emotional growth and development. As much as this orients and animates our clinical thinking to care for the other, it also extends to groups. Freud saw analysis as a force for building the emotional bonds that tie people together — from the dyad to the triad on up to society at large. My hope is that as a CPI community of pilgrims traversing a shifting and fraying social landscape, we can overcome divisions of the past to create new opportunities for CPI to thrive going forward together."

David completed psychoanalytic training in 2014 at the Psychoanalytic Center of California, an IPA Component Society, with an emphasis on British Object Relations. He subsequently served as Assistant Dean and Dean at the Psychoanalytic Center of California. He also has a doctorate in Clinical Psychology from Duquesne University and a Bachelor's degree from St John's College.

Currently David serves as a training and supervising analyst at the Psychoanalytic Institute of Northern California Group Relations Faculty and as a faculty member at the New Center for Psychoanalysis in Los Angeles. His scholarly interests include the systems dynamics of analytic organizational life, the intersection of existential phenomenology and analytic practice and analytic phenomenology in clinical situations where despair predominates. ■

DIRECTORS AND PRESIDENTS OF THE CHICAGO INSTITUTE FOR PSYCHOANALYSIS AND CHICAGO PSYCHOANALYTIC INSTITUTE

Franz Alexander 1932 – 1956	Arnold Goldberg 1989 – 1992	Robert Gordon 2010-2011
Gerhard Piers 1956 – 1971	Thomas Pappadis 1992 – 1998	Phil Lebovitz 2011 – 2013
George Pollock 1971 - 1988	Jerome Winer 1998 – 2004	Erika Schmidt 2013 – Sept. 2022
Henry Seidenberg 1988-1989	David Terman 2004 – 2010	David Brooks Sept. 2022 – Present



Denia Barrett

Denia Barrett LCSW published "Parent work in the development and teaching of child analysis" in *Psychoanalytic Study of the Child* 75:370-386. She also contributed to Novick, J. and Novick, K.K., *Adolescent Casebook*.



Marcia Dobson

Marcia Dobson Phd & Brenda Solomon MD co-edited the forthcoming issue of *Psychoanalysis Self and Context*. This memorial issue is a tribute to Arnold Goldberg, MD, a longtime faculty member known for his scholarship and clinical acumen. Faculty contributors include Sheldon Meyers, Gavin Mullen, Caryle Perlman, Molly Romer Witten, Dennis Shelby, Brenda Solomon, David Solomon and Jeffrey Stern. The lead memorial is by Charles Strozier.



Brenda Solomon

Phil Lebovitz MD presented to the Illinois Psychological Association on a four-member panel on Suicide Intervention. He discussed the CPI COVID-19 Frontline Responder Project which he initiated to support community members during the pandemic. Phil noted, "This is the first time the IPA included a truly psychoanalytic perspective on brief psychotherapy during a widespread crisis."



Phil Lebovitz

Gavin Mullen PsyD was selected to serve on the American Board of Psychoanalysis Certification Committee. She published "Dreaming Goldberg" In memory of Arnold Goldberg in the memorial issue of *Psychoanalysis, Self and Context*.



Gavin Mullen

Arthur Nielsen MD latest book is *Integrative Couple Therapy in Action: A Practical Guide for Handling Common Relationship Problems and Crises*.



Arthur Nielsen

Frank Summers PhD ABPP presented "Silence is not Just Golden, It Speaks with a Silver Tongue" at the International Association for Psychoanalysis and Psychoanalytic Psychotherapy, Conference in Los Angeles. He has a number of new publications, including "From Patients to Presidents: The Grand Illusion" in J. Arundale (Ed.) *The Omnipotent State of Mind: Psychoanalytic Perspectives*; "A Psychoanalytic Foundation for Modern Ethics" in *Psychoanalytic Perspectives* 19(2): 178-197; and "A Unique Romance: Psychoanalysis and Phenomenological Philosophy-An Essay in Honor of Carlo Strenger" in *Psychoanalytic Psychology* 39 (1): 37-46. ■



Frank Summers

New Faculty, Staff, Interns

TWO RECENT GRADUATES OF THE PSYCHOANALYTIC EDUCATION PROGRAM (PEP) HAVE BEEN APPOINTED TO THE FACULTY



Sarah Ping Hu was a faculty member at the Wuhan University of Technology and then went on to study clinical psychology in the Chinese province where she lived. She became licensed as a psychological counselor in 2009 and then interned at the Sino-German Psychological Hospital as an inpatient counselor. In 2011 Sarah completed her training and supervision at the China American Psychoanalytic Alliance and then entered CPI's Psychoanalytic

Education Program. Sarah has now been appointed as a PEP faculty member.



Ramya Iyer received her Master's degree in Social Work from the University of Chicago. Subsequently, she worked in child welfare as a family therapist and in community mental health as a therapist for individuals. She has been in private practice for the last decade and just completed her analytic training at CPI. Ramya is the founder of Thriving in Residency, a psychoeducational program for medical professionals to address job-related Post Traumatic Stress.

THE TREATMENT CENTER WELCOMES SIX INTERNS

The Treatment Center's six new interns represent six mental health Master's programs in the area. "The six incoming interns represent six Master's programs at area universities. They are **Sarah Griffis**, Loyola University; **Freddie Lipman**, University of Chicago; **Luisa Lopez**, Northwestern University; **Alyssa Masline**, Erikson Institute; **Eugene Sampson**, DePaul University; and **Ellen Young**, Northern Illinois University." During this year, they will gain clinical experience in the Treatment Center programs working with adults in-office and via telehealth, with children and adolescents both in-office and via telehealth and with children and adolescents in schools all over the city. Interns receive weekly individual clinical supervision and group seminars on clinical topics.

THE ADMINISTRATIVE STAFF WELCOMES NEW STAFF MEMBERS



Kaitlin Carrig, Treatment Center Clinician and Coordinator

is a recent graduate from Erikson Institute with a Master's in Social Work. She interned with the Chicago Psychoanalytic Institute for two years and is pleased to take on this role as a clinician in the office and schools as well as a coordinator, working with the school-based services and the intern program. Prior to social work, she received her Bachelor of Science in Education from the University

of Michigan and taught at a lower elementary level for ten years in Seattle, WA and Shenzhen, China. She believes strongly in the social-emotional learning of children of all ages and is excited to be a part of this organization that offers services to all children, no matter their background.



Jacquelyn O'Sullivan, Interim Director of Finance and Human

Resources is a New England native who moved to Highland Park in October of 2020 to be near family after almost thirteen years in southern California. She is a graduate of Episcopal Divinity School, formerly in Cambridge, Massachusetts, where she earned a Master of Divinity degree with a concentration in history and ethics. After exploring a number of eclectic career paths, Jackie moved into IT

consulting and the non-profit space, serving several diverse faith communities and not-for-profit organizations. ■



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EST. 1932

The Annual Spring Benefit, celebrating the Institute's 90th anniversary, was held on May 4. "Honoring the Past, Building the Future" highlighted the Institute's history in the city of Chicago narrated by public historian, **Paul Durica**. It featured appearances by faculty members who have helped develop our educational programs and clinical services. The Institute is also celebrating 90 years with a series of videos about influential members of our past. These videos can be found on our website.

The Institute would once again like to thank all that participated, donated and sponsored the event. Your generosity is deeply appreciated. ■

On June 9 a hybrid ceremony was held at the University Club celebrating and recognizing the Institute's 2022 graduates:

ADULT PSYCHOTHERAPY PROGRAM CHILD PSYCHOTHERAPY PROGRAM

- ▶ **Arlette Kopeliovich**
- ▶ **Joyce Damasceno Chestek**
- ▶ **Heather Boyle**

PSYCHOANALYTIC EDUCATION PROGRAM

- ▶ **Elizabeth Levey**
- ▶ **Ramya Iyer**
- ▶ **Theo Pintzuk**
- ▶ **Peter Rudnytsky**
- ▶ **Sarah Ping Hu**
- ▶ **J. Dakota Cimo**
- ▶ **Gloriana Bartoli**
- ▶ **Eric Jiang**



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122 South Michigan Avenue
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Fall Education Programs

After more than 2 years of online learning, the 2022-23 academic year returns to our hybrid model of students both on-site and online.

The number of students in each program are as follows: Psychoanalytic Education Program has 67 students, Psychodynamic Psychotherapy Program with 37 students, Psychoanalysis for Scholars Program with 16 students, Fundamentals of Psychoanalytic Thought with 11 students, and Exploring Psychoanalysis with 19 students.

The number of students on-site and online consist of 76 distance students and 55 local.

The number of new students at the Institute are as follows: 14 in the Psychoanalytic Education Program, 8 in the Psychodynamic Psychotherapy Program, 3 in the Psychoanalysis for Scholars Program and 9 in the Fundamentals of Psychoanalytic Thought Program.

Countries represented by global students are the United States, Canada, China, Belgium, Bulgaria, Australia, Germany, Greece, Switzerland, India, France, Ireland, Spain, Saudi Arabia and South Africa.

We welcome new and returning students to Academic Year 2022-23. After more than two years of online teaching, we return to our hybrid classroom model with local students on-site at the Institute and global students online. ■

— ANNOUNCING — Paper Prize



CHICAGO
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CALL FOR PAPERS

**Psychoanalysis in the Clinical, Social, Cultural Worlds
Paper Prize Honoring Erika Schmidt**

**First Prize \$5,000.00
Second Prize \$1,500.00**

The Chicago Institute is pleased to sponsor a unique one-time paper prize this year in honor of our retiring President, Erika Schmidt. During her tenure, Ms. Schmidt continually sought to bring scholarship to the methods by which psychoanalytic principles and ideas can serve the needs of the larger world. Psychoanalysis, as a theory of the mind, can be beneficially applied to many of the compelling clinical, social, political and cultural issues of our time. We solicit papers on any of these topics or their overlap. We are appreciative of the opportunity to contribute to this vital dialogue. The two winning authors will present their papers at an online Colloquium in May, 2023.

Guide for Authors

- The paper should address how psychoanalytic ideas may be applied to the clinical, social, political or cultural realities of our time and should not exceed 25 double-spaced pages
- The author or authors need not be psychoanalysts and may come from any discipline
- All author name(s) and contact information should be on a single cover page and should include the author(s) CV.
 - Deadline for submission is January 1, 2023
 - The winners will be announced on: April 1, 2023
- Entries should be submitted in a Word document to: wselene@chicagoanalysis.org
- Authors should use Journal of the American Psychoanalytic Association style guide: <https://journals.sagepub.com/author-instructions/APA>