



## TRAINING EXPENSES SUPERVISION AND ANALYSIS / PSYCHOTHERAPY

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In addition to tuition, the following expenses by program have been compiled to assist you in planning your educational experience at the Chicago Psychoanalytic Institute. The current Schedule of Tuition and Fees for the Institute can be found at:

<https://chicagoanalysis.org/programs-of-study/tuition-fees/>

### FUNDAMENTALS OF PSYCHOANALYTIC THOUGHT PROGRAM

Personal analysis and supervision are not required for the Fundamentals of Psychoanalytic Thought Program students. Students enrolled in the Fundamentals Year who are considering transferring into either the Psychodynamic Psychotherapy Program or the Psychoanalytic Education Program should reference the additional program expenses outlined below.

### CHILD & ADULT PSYCHOANALYTIC PSYCHOTHERAPY PROGRAM

The Child & Adult Psychoanalytic Psychotherapy Program consists of two components: 1) coursework; and 2) individual supervision of psychotherapy cases. Tuition only covers the cost of coursework. Supervision is an additional expense paid directly to your supervisor(s). A personal psychotherapy / analysis is recommended but not required. Supervision and optional psychotherapy/analysis are additional expenses paid directly to your supervisor(s) and analyst/therapist.

#### *Supervision - Required*

Rates for supervision typically range from \$50 to \$150 per session. The rate will be established by you in discussion with the supervisor and is paid directly to the supervisor. Supervisors understand that Psychodynamic Psychotherapy Program students may be at the beginning of their professional clinical careers or have other constraints and take these circumstances into account when negotiating rates.

#### *Personal Psychotherapy / Analysis - Optional*

This program **does not** require a personal analysis or psychotherapy, though analysis or personal psychotherapy is highly recommended. If you wish to start a personal analysis or psychotherapy with a Chicago analyst, the same fee schedules listed under the Psychoanalytic Education Program apply. Psychotherapy students may work with a psychoanalyst or psychotherapist of their choice and approval by the program is not required.

### PSYCHOANALYTIC EDUCATION PROGRAM

Psychoanalytic education at the Chicago Psychoanalytic Institute consists of three components: 1) coursework that addresses a range of psychoanalytic topics; 2) a personal analysis; and 3) individual supervision of analytic cases. Tuition only covers the cost of coursework. Your personal analysis and supervision are additional expenses paid directly to your analyst and supervisor(s).

### ***Personal Analysis - Required***

Personal analysis with a training and supervising analyst is required for at least one year prior to beginning an analytic case and must continue during a substantial portion of your education program.

Candidates are required to be in a four (4) time per week analysis with a training and supervising analyst or an analyst that meets the Chicago Psychoanalytic Institute standards for conducting personal analysis. Your analysis must continue for a substantial amount of time while you are analyzing control cases. If you are accepted without a personal analysis underway, we can assist you in finding an analyst.

Rates for a personal analysis typically range from \$50 to \$250 per session. The rate will be established by you in discussion with the analyst and is paid directly to the analyst.

**To estimate the Annual Analysis Expense to you, here are some examples:**

4 sessions per week for 48 weeks @ \$ 50 = \$ 9,600

4 sessions per week for 48 weeks @ \$100 = \$19,200

4 sessions per week for 48 weeks @ \$150 = \$28,800

4 sessions per week for 48 weeks @ \$200 = \$38,400

If you are in a personal analysis with an analyst who is not affiliated with the Chicago Psychoanalytic Institute and you wish to continue in that analysis, you will need to ensure that your analyst meets Chicago Institute requirements for **Personal Analyst Status**. Inquiries to register for Personal Analyst Status should be obtained to the Institute's Education Office.

### ***Supervision – Required***

Three (3) psychoanalytic cases are required for graduation with a minimum of 175 total hours of supervision. Each case must have a minimum of 50 hours of consultation per case. Many cases continue past this threshold. Candidates are expected to meet with their supervisors one time per week for the first year of a supervised case. After the first year, a candidate may reduce the frequency if agreed to by the supervisor. Rates typically range from \$50 to \$250 dollars per supervision session. The rate will be established by you in discussion with the supervisor and is paid directly to the supervisor.

**To estimate Total Supervision Expense to you, here are some examples:**

175 hours at \$ 50 = \$ 8,750

175 hours at \$ 75 = \$13,125

175 hours at \$ 100 = \$17,500

175 hours at \$ 150 = \$26,250

175 hours at \$ 200 = \$35,000

### **TRAINING AT A DISTANCE AND VISITING CHICAGO**

We recognize the challenges of distance training and make great efforts to ensure a rigorous educational experience. We strive to actively engage distance learners within our educational community.

Distance students/candidates are encouraged to visit Chicago to have the opportunity to attend classes, supervision and analysis in-person, if possible. Travel and lodging will be an additional expense.

For more information, contact the Education Office at [education@chicagoanalysis.org](mailto:education@chicagoanalysis.org)